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# Iconic gestures serve as manual cognates in hearing second language learners of a sign language: an ERP study

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7 **Abstract**

8 When learning a second spoken language, cognates, words overlapping in form and meaning  
9 with one's native language, help breaking into the language one wishes to acquire. But what  
10 happens when the to-be-acquired second language is a sign language? We tested whether  
11 hearing non-signers rely on their gestural repertoire at first exposure to a sign language.  
12 Participants saw iconic signs with high and low overlap with the form of iconic gestures  
13 while electrophysiological brain activity was recorded. Upon first exposure, signs with low  
14 overlap with gestures elicited enhanced positive amplitude in the P3a component compared to  
15 signs with high overlap. This effect disappeared after a training session. We conclude that  
16 non-signers generate expectations about the form of iconic signs never seen before based on  
17 their implicit knowledge of gestures, even without having to produce them. Learners thus  
18 draw from any available semiotic resources when acquiring a second language, and not only  
19 from their linguistic experience.

20

21 Keywords: sign language, gesture, iconicity, ERPs, second language acquisition, P3a, N400

22

23

## Introduction

24 Native speakers of English will not have difficulty understanding Dutch words like  
25 *hotel* or *ocean* because their translation equivalents have similar or even identical forms in  
26 English and other languages. Such cognates, words that overlap in form and meaning  
27 between one's first language and a second language, give immediate access to the meaning of  
28 words never seen before (Hall, 2002). But what happens when the target language is a sign  
29 language, the manual-visual languages of Deaf communities? The modality differences  
30 between speech (aural-oral) and sign (manual-visual) do not allow hearing adults to match  
31 the spoken words they know with the structure of to-be-acquired signs. As a result, one could  
32 assume that this population cannot alleviate some of the burden to establish form-meaning  
33 associations between the target sign and a word from their native language.

34 However, people do have at their disposal a repertoire of gestures that are commonly  
35 used in face-to-face interaction (Kendon, 2004; McNeill, 1992). Silent gestures in particular,  
36 those produced when spoken language is not possible or allowed, are a unique  
37 communicative tool that convey rich visual information in a single hand configuration  
38 (Goldin-Meadow & Brentari, 2017). Silent gestures are different from co-speech gestures in  
39 that they do not seem to be heavily influenced by speakers' language (Goldin-Meadow &  
40 Brentari, 2017). To some degree, they exhibit systematic forms within a community of  
41 speakers (Ortega & Özyürek, 2019; Van Nispen, Van De Sandt-Koenderman, & Krahmer,  
42 2017). They do not have a linguistic mental representation akin to that of signs in sign  
43 languages (i.e., they do not consist of sub-lexical constituents), but they may have some form  
44 of mental representation that maps onto existing schemas (Kita, Alibali, & Chu, 2017;  
45 Labeye, Oker, Badard, & Versace, 2008; Van Nispen et al., 2017).

46 In certain cases, gestures may overlap in form with signs due to similar iconic  
47 mappings of the concepts they represent (Kendon, 2008; Müller, 2018; Perniss, Özyürek, &

48 Morgan, 2015; Wilcox, 2004). For instance, hearing non-signers depicting a helicopter in  
49 silent gesture may come up with manual forms with strong resemblance with the  
50 conventional sign HELICOPTER used by Deaf people in some sign languages (Figure 1A). It  
51 is an intriguing, but currently untested question, whether hearing non-signing adults  
52 implicitly exploit their repertoire of iconic gestures at first exposure to a sign language. This  
53 possibility would extend previous research by showing that gesture assists not only in the  
54 acquisition of a second spoken language (Kelly, McDevitt, & Esch, 2009), but also in the  
55 acquisition of a sign language as a second language. Importantly, it would suggest that  
56 learners resort not only to their mother tongue at the earliest stages of second language

57 learning, but also to other non-linguistic semiotic tools to support vocabulary learning.

58

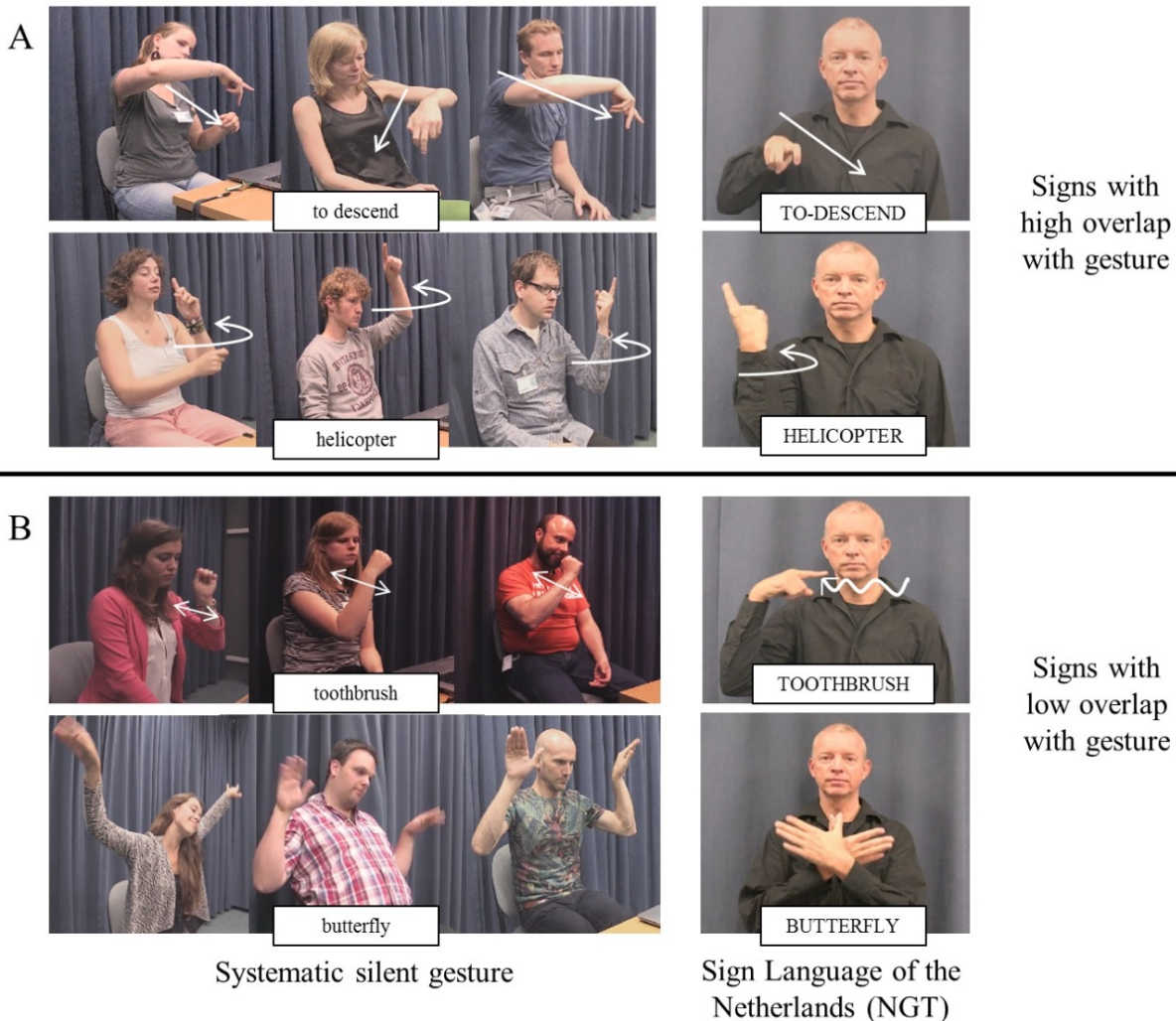
59 **Figure 1.** Systematic silent gestures from Dutch non-signers and their sign equivalent  
60 in Sign Language of the Netherlands (NGT). Panel A shows that hearing non-signers and  
61 Deaf signers produced remarkably similar manual forms for the same concept (i.e., sign-  
62 gesture high overlap). Panel B shows that - while non-signers consistently produce the same  
63 gesture for some concepts - these concepts have a different form in sign (i.e., sign-gesture  
64 low overlap).

65

66 Clearly, there are significant differences between sign languages and iconic gestures.

67 Sign languages are real linguistic systems with the same level of organisation as spoken

68 languages (Sandler & Lillo-Martin, 2006) and Deaf signers process them through the



69 decomposition of signs' sub-lexical constituents (Carreiras, Gutiérrez-Sigut, Baquero, &  
70 Corina, 2008). In contrast, iconic gestures cannot be regarded as a linguistic system *per se*  
71 because they are holistic units of form-meaning mappings that are spontaneously generated  
72 (McNeill, 1992). Nevertheless, both iconic gestures and signs are restricted by the same  
73 physical constraints to express a concept iconically in the manual modality (Kendon, 2008;  
74 Müller, 2016; Perniss et al., 2015). That is, the body shapes the extent to which signs and  
75 gestures can create manual forms that resemble an intended referent. Both iconic gestures and  
76 iconic signs seem to originate from the selection of salient features of a concept, the  
77 schematization of such features, and their representation with the body (Taub, 2001; Van  
78 Nispen et al., 2017). In addition, some have argued that up to two thirds of the lexicon of  
79 some sign languages have an iconic motivation (Pietrandrea, 2002). Thus, it is not surprising  
80 that iconic signs and iconic gestures may overlap in form and meaning for many concepts.

81         Inspired by the possible overlap in the form of some silent iconic gestures and  
82 conventionalised signs, the current study investigates whether sign-naïve hearing adults  
83 exploit their gestures to access the meaning of signs they have never seen before.  
84 Electroencephalography (EEG) was used as an online neurophysiological measure of  
85 cognitive processes involved at first exposure to a second language in the context of learning.  
86 Crucially, this method is taken as a direct measure of online processing at the earliest stages  
87 of exposure to a new language, a point in time where behavioural measures might not yet  
88 show any effects (Osterhout et al., 2008). In an event-related potential (ERP) experiment, we  
89 presented hearing Dutch non-signers with signs in Sign Language of the Netherlands (NGT).  
90 Based on silent gestures produced by a separate group of Dutch speakers, two types of iconic  
91 signs were distinguished. *Signs with high overlap with gesture* shared three or more structural  
92 constituents (handshape, location, movement, and orientation) with the separately elicited  
93 systematic silent gesture (Figure 1A). *Signs with low overlap with gesture* shared only two or

94 fewer constituents (Figure 1B). Both types of signs were matched in their degree of iconicity  
95 so as to ensure that any effect of gesture was not confounded by a potential effect of  
96 iconicity.

97 We predicted that if non-signing hearing adults exploit their gestural knowledge at  
98 first exposure to a sign language, differences in brain activity should be observed as a  
99 function of the degree of overlap between their silent gestures and the newly encountered  
100 signs - even when participants are not explicitly asked to produce gestures. Any difference in  
101 brain activity would be informative in suggesting that gesture gives access to the meaning of  
102 signs at first exposure. To learn more about the specific mechanisms underlying the  
103 perception and acquisition of signs by novice learners at early exposure to a sign language,  
104 we specifically focused on two well-known ERP components: the P300 (P3a) and the N400.

105 It is well established that stimulus novelty causes enhanced P300 amplitude  
106 (Friedman, Cycowicz, & Gaeta, 2001; Polich, 2009). Signs with low overlap with gesture  
107 will be novel to our participants, whereas signs with high overlap with gesture may map onto  
108 existing gestural schemas. Particularly modulations of the modality non-specific, frontally-  
109 oriented P3a can be expected for signs with low overlap with gesture, as these novel stimuli  
110 cannot be predicted by our participants at first exposure based on existing schemas (Friedman  
111 et al., 2001; Van Petten & Luka, 2012). Therefore, enhanced P3a amplitude for low overlap  
112 (vs. high overlap) signs would reflect activation of existing gestural schemas for high overlap  
113 signs.

114 Additionally, we tested for potential sensitivity of the amplitude of the N400  
115 component to overlap between sign and gesture, as this may be taken to reflect three  
116 different, relevant processes. First, N400 amplitude to individual lexical items in second  
117 language has been linked to *processing ease*, for instance in the context of second language



118 processing when comparing spoken language cognates to matched control words (Midgley,  
119 Holcomb, & Grainger, 2011; Peeters, Dijkstra, & Grainger, 2013). In line with these findings,  
120 we hypothesized that if signs with high overlap with gesture are processed more easily  
121 compared to signs with low overlap with gesture, reduced amplitude of the N400 component  
122 should be observed for the high overlap condition compared to the low overlap condition.  
123 Second, earlier work has linked N400 amplitude to *semantic integration* (e.g., Van Berkum,  
124 Hagoort, & Brown, 2002). It might be easier to integrate an observed high overlap sign (vs. a  
125 low overlap sign) with the corresponding preceding word in our paradigm, because of the  
126 availability of a gestural schema for the signs with high overlap with gesture. Third, previous  
127 work has linked N400 amplitude to *prediction* (e.g., Szewczyk & Schriefers, 2018). In our  
128 paradigm, based on their gestural repertoire, participants may predict the form of an  
129 upcoming sign after having perceived the preceding word. If they would do so, a  
130 disconfirmed prediction in the low overlap condition could be reflected in enhanced N400  
131 amplitude. These final two interpretations of N400 amplitude may be less relevant in the  
132 context of the current study given that we presented lexical items outside a sentence or  
133 discourse context.

134 We further predicted that these two potential effects may attenuate or even disappear  
135 after sign learning once all signs, regardless of their gestural overlap, become tightly linked to  
136 their corresponding meaning, as both P3a (Friedman et al., 2001) and N400 amplitude  
137 (Osterhout & McLaughlin, 2006) may reduce with learning.

## 138 **Method**

### 139 *Stimuli selection*

140 The stimuli selection consisted of a two-stage procedure that involved i) collecting a  
141 set of iconic gestures that could be generalised across Dutch participants (silent gesture task).  
142 These gestures are a subset of a published database of 109 silent gestures (Ortega & Özyürek,

143 2019). Having collected these gestures, it was possible to ii) carry out a comparison between  
144 the form of each systematic gesture with its NGT sign equivalent (gesture-sign cross-  
145 comparison). This allowed to have two sets of iconic signs that had high and low resemblance  
146 with the iconic gestures collected in step (i)<sup>1</sup>.

147 *i) Silent gesture task:* Participants of this part of the study consisted of 20 adults (mean age:  
148 27 years, age range: 21-46 years, 10 females), born in the Netherlands and with Dutch as  
149 their single native language (none of these participants took part in the later ERP  
150 experiment). They were seated in front of a laptop and were instructed to spontaneously come  
151 up with a gesture that conveyed the same meaning as a single word (n=272) presented in  
152 written form on the screen. Participants were not allowed to speak or point at any object in  
153 the room during the production of gestures, but they could say ‘pass!’ when they could not  
154 come up with a gesture. Each trial started with a fixation cross in the middle of the screen  
155 (500 ms), followed by a single word in Dutch (4000 ms) during which they had to come up  
156 with their gestural rendition. After the 4000 ms had lapsed, the next trial began. This strict  
157 timing encouraged participants to come up with their most intuitive response.

158 Participants’ renditions were coded using the linguistic annotator ELAN version 4.9.1  
159 (Sloetjes & Wittenburg, 2018). Each gesture or sequence of gestures consisted of a  
160 preparation phase, a stroke, and a (partial/full) retraction (Kita, van Rijn, & van der Hulst,  
161 1997). The form of each gesture was further annotated according to an existing coding  
162 scheme that describes their forms without relying on written descriptions (Bressems, 2013;  
163 Ladewig & Bressems, 2013). This notation system is applied to gestures’ more salient  
164 structural features which are loosely based on the four phonological parameters described for  
165 sign languages (Brentari, 1999; van der Kooij, 2002). These features are the configuration of  
166 the hand, its orientation, the direction of the movement of the main articulator (i.e., the

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<sup>1</sup>This study received ethical approval from the Ethics Assessment Committee (EAC) of the Faculty of Arts of Radboud University (ref: MvB14U.015319).

167 hand/s), and the location where the gesture takes place. Speed and quality of the movement  
168 are additional features considered in this notation system but were not applied in the current  
169 study.

170 Systematicity in gestural productions was operationalised as gestures that at least  
171 across 50% of participants (n=10) shared minimally three out of its four features (i.e.,  
172 handshape, orientation, movement, and location) (Bressem, 2013). If less than ten  
173 participants produced a gesture that had sufficient overlap according to our criteria, then it  
174 was considered that the concept did not elicit a systematic gesture and was not included in the  
175 collection of systematic gestures. For example, for the concept ‘butterfly’ (*vlinder*) 11  
176 participants flapped their arms as if personifying the insect themselves so this rendition was  
177 considered a systematic gesture (Figure 1A). In contrast, the concept ‘to cook’ (*koken*)  
178 elicited a wide array of gestural forms that were not homogeneous with at least ten of the 20  
179 participants. Therefore, this concept was considered not to elicit a systematic gesture and was  
180 not included in the set of systematic gestures.

181 *ii) Gesture-sign cross-comparison:* A Deaf native signer of Sign Language of the Netherlands  
182 (NGT) was recruited as consultant to record the same 272 concepts used in the silent gesture  
183 task in NGT. This Deaf consultant has used NGT all his life, is a qualified sign language  
184 teacher, and has been an active member of the Deaf community in the Netherlands. After  
185 signing consent forms, he was asked to produce the citation form of each concept with neutral  
186 face and without any mouthings so as to avoid giving hints about the meaning of the sign via  
187 lip patterns. Once all these signs were recorded, a different group of 20 hearing non-signing  
188 adults (mean age = 21.8 years, age range: 19-32, 14 female) were asked to rate these signs for  
189 their degree of meaning transparency (i.e., iconicity ratings). Participants were asked to rate  
190 the degree of form-meaning mapping on a 7-point Likert scale while they viewed the sign

191 along with its translation (1: low iconicity, 7: high iconicity). None of these raters took part in  
192 the EEG experiment or in the silent gesture task.

193 In order to establish the degree of form similarity between gestures and signs we  
194 carried out a comparison between the four main features of the systematic gestures from the  
195 silent gesture task and the four components of conventionalised NGT signs (i.e., hand  
196 configuration, orientation, movement, and location). Two categories were created. *Signs with*  
197 *high gestural overlap* consisted of signs that overlap in at least three out of four constituents.  
198 For instance, the NGT sign TO-BREAK falls in this category because all its sub-lexical  
199 constituents overlap with the four features of the elicited systematic gesture. *Signs with low*  
200 *gestural overlap* are signs that differ in two or more of its constituents with the corresponding  
201 elicited systematic gesture. The sign BUTTERFLY falls in this category because there is no  
202 overlap between sign and gesture in any of the constituents except for the handshape (i.e.,  
203 extended palm).

204 In order to ensure that it was the overlap with gesture and not the degree of iconic  
205 form-meaning mapping behind any possible effect, we selected signs so that the final set of  
206 signs was balanced for degree of iconicity across conditions (high overlap:  $n = 36$ , mean  
207 rating: 4.77,  $sd = 1.32$ ; low overlap:  $n = 36$ , mean: 4.76,  $sd = 1.12$ ;  $t(35) = .032$ ,  $p = .974$ ).  
208 There were 17 one-handed signs in the high overlap condition (19 two-handed signs) and 14  
209 one-handed signs in the low overlap condition (22 two-handed signs). Furthermore, the  
210 duration of the videos of the signs did not differ across condition (high overlap: mean  
211 duration = 2423 ms,  $sd = 454.97$ ; low overlap: mean duration = 2611 ms,  $sd = 637.21$ ;  $t(35)$   
212  $= -1.417$ ,  $p = .165$ ). The Dutch words presented prior to the signs were controlled for length,  
213 frequency, and concreteness. See Appendix I and II for a complete list of the attributes of all  
214 stimulus materials.

215

216 *Event-related potential experiment*

217 *Participants*

218         Twenty-nine right-handed participants (mean age 22 years, range: 19-29 years, 19  
219 females) participated in the ERP experiment. All participants were Dutch, studying in  
220 Nijmegen, and Dutch was their single native language. None of these participants took part in  
221 the silent gesture task or in the iconicity ratings task and they reported not having any  
222 experience with any sign language. EEG data from one participant was not analysed due to a  
223 large number of EEG artifacts visible during the recording session. Data from four  
224 participants was excluded from the ERP analysis due to a large number of artifacts that had to  
225 be removed during the pre-processing stage. In sum, data from 24 participants (mean age 20  
226 years, range 19-29 years, 14 females) entered the ERP analyses. Data from all 29 participants  
227 were included in the behavioural analyses.

228

229 *Procedure*

230         After providing informed consent, participants were instructed that they would take  
231 part in a four-block sign learning experiment. Each block was preceded by 5 practice trials,  
232 using stimuli that were not used in the experimental trials.

233 1. First exposure (block 1): The aim of this block was to measure ERPs prior to any sign  
234 language learning experience to determine whether the brain signal was sensitive to signs'  
235 similarities with gestures at first exposure to sign language. Participants were seated in front  
236 of a 20-inch Samsung computer monitor on which the stimulus materials (36 trials per  
237 condition) were shown. Distance between participants and the screen was 100 cm. Each trial  
238 consisted of a fixation cross in the middle of the screen (500 ms) which was followed by a  
239 printed word in Dutch (e.g., *vlinder*, butterfly) that remained on the screen for 1000 ms. After  
240 this time had lapsed, another fixation cross appeared in the middle of the screen (500 ms)

241 followed by the NGT sign equivalent of the Dutch word (e.g., the sign BUTTERFLY) in a  
242 video (14 x 8 cm). After the sign had played in full, the next trial began. ERPs were time-  
243 locked to video onset. In addition, the sign onset, defined as the instance when the hand  
244 reached its location in the first fully formed handshape (Crasborn et al., 2015) was  
245 determined by the first author using the frame-by-frame feature of the linguistic annotator  
246 software ELAN [version 4.9.1](#) (Sloetjes & Wittenburg, 2018). On average, the sign onset was  
247 460.8 ms after video onset. Signs were presented in randomized order. Participants were  
248 instructed to pay close attention to the words and signs but were not required to perform any  
249 task during the presentation of the stimuli.

250 2. Learning phase (block 2): Participants were told they were going to be taught the same  
251 signs from the first block. Each trial consisted of a fixation cross (500 ms), followed by the  
252 video of a sign with a word in Dutch (the translation of the sign) presented under the  
253 corresponding video for the duration of the video. This was then followed by a 3000 ms  
254 blank screen. This trial was repeated three times for each sign and after each single  
255 presentation of the sign participants were required to imitate it as accurately as possible so as  
256 to encourage learning. Once the sign had been presented and imitated sequentially three  
257 times, the next trial with a different sign began. Sign repetitions were video recorded and no  
258 ERPs were measured.

259 3. Post-learning exposure (block 3): The aim of this block was to determine whether there  
260 was a significant difference in brain responses after participants had received relatively  
261 extensive training with the signs. The structure of each trial was the same as in first exposure  
262 (block 1) but the same signs were presented in a different randomised order.

263 4. Testing phase (block 4): Participants' ability to retain the signs was assessed in this block.  
264 In each trial, a fixation cross was presented in the middle of the screen for 200 ms, followed  
265 by a blank screen (200 ms), followed by a printed word (6000 ms) which was the Dutch

266 translation of one of the signs presented throughout the experiment. Participants were  
267 instructed to produce the NGT sign equivalent while each of the 72 concepts were randomly  
268 presented on the screen. There was no feedback and participants could say 'pass' to indicate  
269 that they could not remember the form of the sign. We were interested in getting intuitive  
270 responses so we imposed a strict timing and after the 6000 ms lapsed the next trial began.  
271 Sign productions were video recorded and no ERPs were measured.

272 This four-block design allowed for a manipulation of gestural overlap (high overlap  
273 versus low overlap between the presented signs and the participants' gestural repertoire) and  
274 learning (block 1 versus block 3).

275

#### 276 *Electrophysiological recording and analysis (block 1 and block 3)*

277 Participants' EEGs were recorded continuously from 59 active electrodes (Brain  
278 Products, Munich, Germany) held in place on the scalp by an elastic cap (Neuroscan, Singen,  
279 Germany). In addition to the 59 scalp sites (see Figures 2-3 for equidistant electrode  
280 montage), three external electrodes were attached to record participants electrooculogram  
281 (EOG), one below the left eye (to monitor for vertical eye movement/blinks), and two on the  
282 lateral canthi next to the left and right eye (to monitor for horizontal eye movements). One  
283 additional electrode was placed over the left mastoid bone and one over the right mastoid  
284 bone. Electrode impedances were kept below 5 K $\Omega$ . The continuous EEG was recorded with  
285 a sampling rate of 500 Hz, a low cut-off filter of 0.01 Hz and a high cut-off filter of 200 Hz.  
286 All electrode sites were referenced online to the electrode placed over the left mastoid and re-  
287 referenced offline to the average of the electrodes placed over left and right mastoids.

288 Preprocessing and ERP analyses were carried out in Fieldtrip (Oostenveld, Fries,  
289 Maris, & Schoffelen, 2011). Raw EEG data was low-pass filtered offline at 40 Hz. Epochs  
290 from 100 ms preceding video onset to 1400 ms after picture onset were selected. The 100 ms

291 pre-video period served as a baseline. Trials containing ocular or muscular artifacts were not  
292 taken into consideration in the averaging process. Data from two left posterior electrodes was  
293 not included in the analyses due to malfunctioning of the electrodes during data collection.  
294 The number of rejected trials did not differ significantly across conditions (remaining trials:  
295 *block 1 high overlap* = 620; *low overlap* = 601; *block 3 high overlap* = 572; *low overlap* =  
296 595).

297 Event-related potential data were analysed using cluster-based permutation tests  
298 (Maris & Oostenveld, 2007) on two epochs of interest: the P300 time-window (700 - 800 ms  
299 after video-onset, corresponding to 240 - 340 ms after the sign onset) and the N400 time  
300 window (800 - 1000 ms after video-onset, corresponding to 340 - 540 ms after the onset of  
301 the sign). An additional analysis on the interval between video-onset and the onset of the  
302 signs' meaningful part (0 - 460 ms after video-onset) revealed no significant differences  
303 across conditions in either block (both  $p$ 's > .287), indicating no differential processing of the  
304 initial, non-meaningful parts of the signs presented in the videos.

305 The cluster-based, non-parametric, data-driven approach to data analysis has the  
306 advantage of controlling for the family-wise error rate that arises when an effect of interest is  
307 evaluated at multiple time points and electrodes (Maris & Oostenveld, 2007), which has often  
308 led to a multiple comparisons problem in electrophysiological data analysis (Maris, 2012). To  
309 describe the cluster-based permutation approach briefly, for each data point (electrode by  
310 time), a simple dependent-samples  $t$  test comparing two conditions was performed. Adjacent  
311 data points (spatial or temporal) exceeding an alpha level of .05 were grouped into clusters.  
312 For all clusters (both positive and negative), the sum of the  $t$  statistics was used in the cluster-  
313 level test statistic. A null distribution was then calculated that assumed no difference between  
314 conditions (3000 randomizations, calculating the largest cluster-level statistic for each  
315 randomization), after which the actually observed cluster-level statistics were compared



316 against this null distribution. Clusters falling in the highest or lowest 2.5% percentile were  
317 considered significant (Bonferroni corrected; a  $p$  value  $< .025$  corresponds to a significant  
318 effect).

319

#### 320 *Sign imitation (block 2) and sign production analysis (block 4)*

321 In order to obtain a baseline of accuracy in sign production we looked at participants'  
322 sign articulation in block 2 (learning phase). Participants imitated each sign three times  
323 during this block, so we investigated their first rendition which was their first ever attempt to  
324 execute the signs seen. We compared this baseline with sign production in block 4 (testing  
325 phase) where participants had to produce the sign from memory. Renditions across blocks  
326 were off-line coded using the linguistic annotator ELAN version 4.9.1 (Lausberg & Sloetjes,  
327 2009). Accuracy in sign imitation (block 2) and sign learning (block 4) was determined by  
328 comparing the number of correct parameters (i.e., handshape, location, movement, and  
329 orientation) with the target. A strict coding scheme was implemented and only when  
330 participants produced minimally three out of four parameters of the sign the same as the  
331 target was it considered a correct rendition. R version 3.5.1 (R Core Team, 2014), *lme4*  
332 version 1.1-18-1 (Bates, Maechler, Bolker, & Walker, 2015), and *lmerTest* version 3.0-1  
333 (Kuznetsova, Brockhoff, & Christensen, 2017) were used to perform a binomial logistic  
334 regression analysis that tested whether there were significant differences between conditions  
335 (high overlap vs. low overlap) and blocks (training phase vs. test phase) in the accuracy of  
336 sign imitation (block 2) and sign production (block 4).

337

338

## 338 **Results**

339 *Behavioural results (training phase – block 2 and test phase – block 4)*

340 In the training phase, participants were equally accurate at imitating high overlap signs ( $M =$   
341  $94.5$ ,  $sd = .23$ ) compared to low overlap signs ( $M = 94.5$ ,  $sd = .23$ ). In the test phase,  
342 participants were numerically slightly better in producing high overlap signs ( $M = 97.5$ ,  $sd =$   
343  $.16$ ) compared to low overlap signs ( $M = 96.3$ ,  $sd = .19$ ). The binomial logistic regression  
344 analysis showed no significant main effect of condition ( $p = .14$ ), a significant main effect of  
345 block ( $p = .0003$ ), and no significant interaction effect between condition and block ( $p = .19$ ).  
346 Thus, participants were significantly more accurate at producing signs after training  
347 compared to imitating signs during training.

348

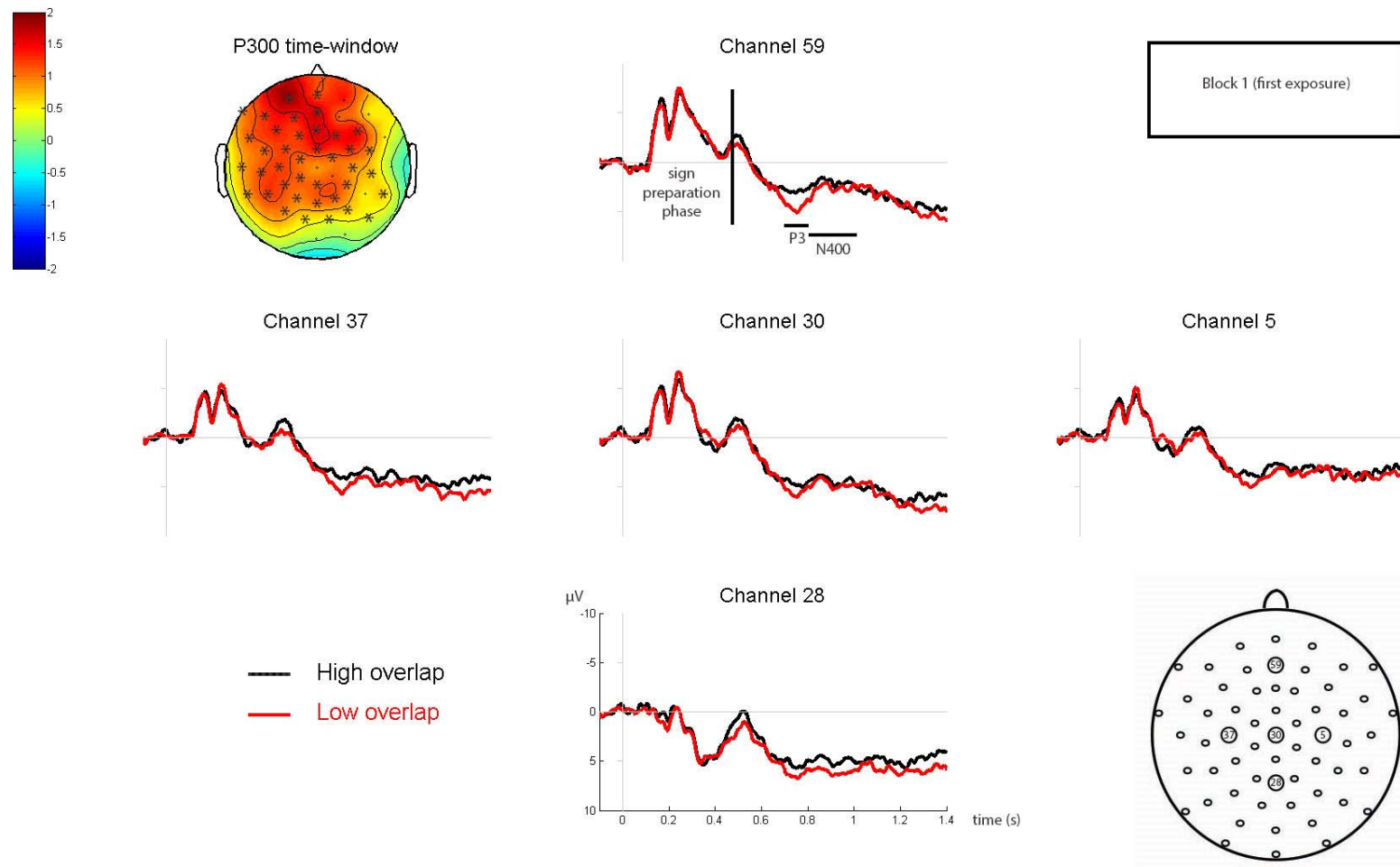
#### 349 *Electrophysiological results (block 1 and 3)*

350 Event-related potentials were time-locked to the onset of the sign videos, to allow for a stable  
351 baseline period across conditions. P300 and N400 time-windows were calculated on the basis  
352 of the onset of the sign.

353 *P300 time-window.* Cluster-based permutation tests comparing the two conditions in  
354 the P300 time-window revealed a significant difference ( $p = .017$ ) between the high overlap  
355 condition and the low overlap condition for block 1. This difference, reflecting a significantly  
356 higher positive amplitude for the low overlap condition compared to the high overlap  
357 condition, was observed during the full epoch (700 - 800 ms) and wide-spread over the scalp  
358 (i.e. observed in 39 out of 57 analysed electrodes). Figure 2 illustrates this slightly left-  
359 lateralized and anteriorly dominant effect. No significant difference between conditions was  
360 observed in the same analysis for block 3 ( $p > .195$ ; see Figure 3 for comparison with Figure  
361 2).

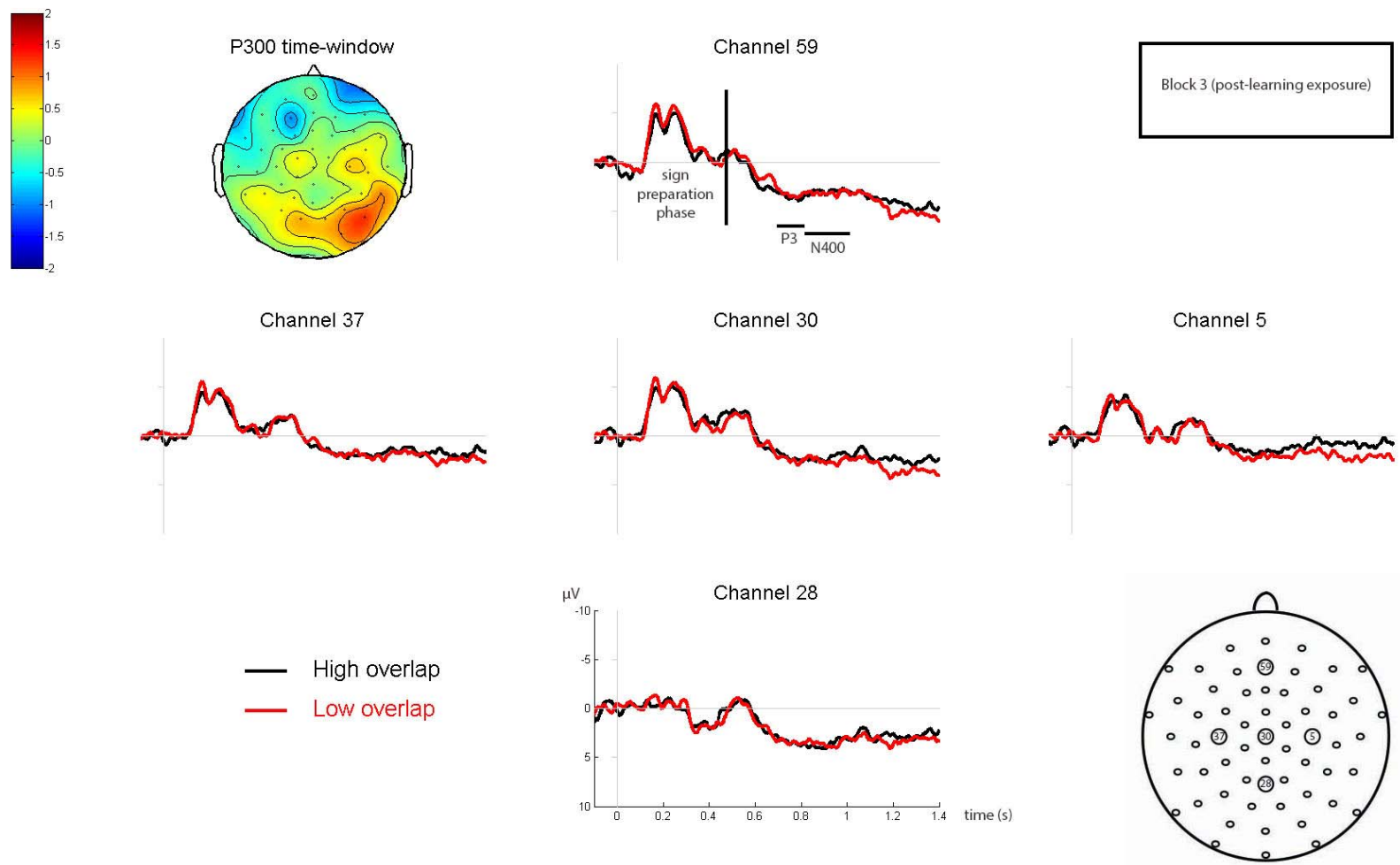
362 *N400 time-window.* Cluster-based permutation tests comparing the two overlap  
363 conditions in the N400 time-window revealed no significant effects. No statistical differences  
364 were observed in this time-window for block 1 ( $p > .133$ ), nor for block 3 ( $p > .417$ ).

365 An additional ERP analysis comparing block 1 (first exposure) to block 3 (post-  
366 learning exposure) can be found in Appendix III.



367

368 **Figure 2.** Grand average waveforms time-locked to video-onset comparing high overlap to low overlap trials in the first block. P300 and N400  
 369 time-windows were calculated from sign onset, i.e. the offset of the sign preparation phase. The topographic plot shows the wide-spread  
 370 corresponding voltage difference between the two conditions between 700 and 800 ms after video-onset.



371

372 **Figure 3.** Grand average waveforms time-locked to video-onset comparing high overlap to low overlap trials in the third block. P300 and N400  
 373 time-windows were calculated from sign onset, i.e. the offset of the sign preparation phase. The topographic plot shows the corresponding  
 374 voltage difference between the two conditions between 700 and 800 ms after video-onset.

## Discussion

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Words that overlap in form and meaning with words in one's native language (i.e., cognates) help to break into a second language one wishes to acquire (Hall, 2002). But what happens when the to-be-acquired second language is a sign language? Because of the modality differences between speech and sign, one would intuitively assume that there are no such cognates. However, given that iconic signs and iconic gestures may overlap in form and meaning for many concepts due to their shared manual modality, the current study tested whether hearing non-signers access their knowledge of gestures at first exposure to a sign language. Participants saw iconic signs with high and low overlap with gestures while their electrophysiological brain activity was recorded. We observed that, upon first exposure, signs with low overlap with gestures elicited enhanced positive amplitude in the P300 time-window compared to signs with high overlap with gestures. There were no differences between both types of signs in the amplitude of the N400 component. After participants had watched and imitated each sign three times, ERP recordings showed no processing differences in the P300 or N400 time-windows. Importantly, participants learned both types of signs (high overlap and low overlap) with equal ease at the end of the experiment. Our results indicate that at first exposure to a sign language, non-signers activate their gestural knowledge, when generating expectations about the form of signs.

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Due to its anterior distribution over the scalp, we interpret the observed effect in the P300 time-window as a P3a effect (Friedman et al., 2001; Polich, 2009). As mentioned in the Introduction, enhanced amplitude in this component has been consistently linked to stimulus novelty (Friedman et al., 2001; Polich, 2009). At first exposure, signs with low overlap with gesture were *novel* to our participants, whereas signs with high overlap with gesture will have mapped onto existing gestural schemas. As the low overlap signs did not map onto participants' gestural schemas, any prediction based on reading the preceding, corresponding

400 word would have been followed by a disconfirmation. This finding is therefore also in line  
401 with earlier work arguing that P300 amplitude may index (dis)confirmed expectations about  
402 upcoming stimuli (Van Petten & Luka, 2012).

403 *Prima facie*, it is surprising that we did not observe any differences in the N400 time-  
404 window, given that studies in spoken languages have consistently shown N400 effects for  
405 cognates compared to non-cognate control words (e.g., Midgley et al., 2011; Peeters et al.,  
406 2013). Spoken language research has argued that the cognate status of a word facilitates  
407 mapping the encountered word form to its meaning. We note two critical differences between  
408 the present study and earlier research reporting cognate N400 effects in the domain of spoken  
409 language. First, our sign stimuli in both the high and low overlap condition were highly  
410 iconic, whereas spoken language research on cognates typically uses word stimuli that mostly  
411 have an arbitrary link between form and meaning. It is an exciting possibility that iconicity  
412 may facilitate form-meaning mapping in the acquisition of a second language in sign (Baus,  
413 Carreiras, & Emmorey, 2012) and spoken languages (Deconinck, Boers, & Eyckmans, 2015).  
414 Second, spoken language research on cognates typically studies bilingual participants that  
415 already have quite some knowledge of the foreign language they are tested in (Peeters,  
416 Vanlangendonck, Rueschemeyer, & Dijkstra, 2019), whereas our participants had no  
417 knowledge of sign language prior to the experiment. As such, future research should  
418 investigate directly if learners of a second spoken language also exhibit enhanced P3a  
419 amplitude for control words compared to cognates at first exposure to a foreign spoken  
420 language.

421 Participants were very accurate at producing signs in the behavioural task and there  
422 were no statistical differences as a function of gestural overlap in sign production in the  
423 training (block 2) and testing phase (block 4). In the training phase, participants imitated signs  
424 immediately after observing them on the screen so this resulted in high degree of accuracy

425 under our coding scheme. Participants occasionally produced some of the errors that have  
426 been reported in the literature, such as inaccurate hand configuration (Ortega & Morgan,  
427 2015) and production of the mirror image of signs (Rosen, 2004), but these renditions were  
428 still intelligible. Analysis of the renditions produced during the testing phase showed that, in  
429 general, having observed each sign five times during the experiment led to successful sign  
430 learning. We did see, however, few instances of gestural interference during sign production.  
431 For instance, when attempting to recall the sign BUTTERFLY, one participant produced the  
432 gesture documented in the silent gesture task (see Figure 1). That said, this was not a recurrent  
433 mistake. Future research could explore gestural influence in sign learning over longer periods  
434 of time, for instance by testing participants at a later stage (e.g., a week) after training.

435 Earlier claims about differences between gestures and signs are currently being  
436 reconsidered given the growing evidence showing that both forms of manual communication  
437 share more similarities than previously assumed (Kendon, 2008; Müller, 2018; Perniss et al.,  
438 2015). The systematicity observed in the iconic silent gestures across participants, as well as  
439 their overlap with many signs for the same concept, suggest that in many instances both  
440 hearing and Deaf participants employ similar strategies to depict certain concepts iconically  
441 as in the cases of high overlap condition (although only signs are part of a conventionalised  
442 lexicon). We suggest that the conceptual representations shared by hearing speakers and Deaf  
443 signers, as well as the physical affordances on the manual modality, result in gestures and  
444 signs converging in form to represent some concepts. The body has a limited number of  
445 possibilities to express a concept iconically and there are a finite number of characteristics of  
446 a referent that can be mapped onto the manual modality. Together these two factors make  
447 some gestures and signs converge in form for the same concept and may also explain why  
448 certain iconic signs from unrelated sign languages have overlapping forms. Despite their



449 intrinsic differences, signs and gestures are not necessarily opposite ends of a spectrum but  
450 rather manual communicative systems with comparable semiotic possibilities (Kendon, 2008).

451 The effects observed in the present study raise interesting questions with regards to  
452 theories of second language acquisition. Traditionally, second language research has  
453 suggested that learners' native *linguistic* system has a strong influence in the acquisition of a  
454 second language, including the L2 lexicon (Schwartz & Sprouse, 1996). The present study  
455 shows that individuals' gestures, a non-linguistic communicative system, also exert influence  
456 at the earliest stages of second language learning. As such, language researchers should  
457 consider that learners draw from any available semiotic resources and not only from their  
458 linguistic experience when acquiring a second language.

459 To conclude, despite the modality differences between spoken and signed languages,  
460 hearing adults with no knowledge of a sign language do not perceive signs in a vacuum. At  
461 first exposure, they recruit a powerful gestural system that may or may not match the form  
462 and meaning of newly encountered signs. These results are in line with more general findings  
463 showing that new knowledge is evaluated first in the context of already existing schemas (van  
464 Kesteren, Rijpkema, Ruitter, Morris, & Fernandez, 2014). These existing schemas are updated  
465 after learning, when the acquired signs develop more robust lexical representations and  
466 participants distance themselves from their gestures. While we are not suggesting that  
467 spontaneous iconic gestures have fixed representations akin to signs, we do suggest that they  
468 may help hearing non-signers as "manual cognates" to break into a novel language expressed  
469 in the manual modality.

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596

597

High overlap					
	Dutch	English	Length	Frequency	Concreteness
1	knippen	to cut (scissors)	7	9.08	4.60
2	oppompen	to pump	8	0.32	3.80
3	vogel	bird	5	32.27	4.87
4	baby	baby	4	151.80	4.67
5	telefoon	telephone	8	156.92	4.87
6	lepel	spoon	5	5.01	4.93
7	handdoek	towel	8	10.50	5.00
8	piano	piano	5	14.11	4.93
9	auto	car	4	349.11	5.00
10	rekenmachine	calculator	12	0.57	4.87
11	kameel	camel	6	2.70	4.93
12	sleutel	key	7	80.70	4.87
13	wringen	to wring	7	23.77	3.43
14	breken	to break	6	44.00	4.07
15	kiwi	kiwi	4	0.64	4.93
16	melk	milk	4	39.70	4.80
17	omhoog lopen	to go down	11	0.65	4.56
18	omlaag lopen	to go up	10	0.7	4.50
19	koffer	suitcase	6	33.87	4.73
20	helikopter	helicopter	10	21.88	5.00
21	spin	spider	4	7.80	4.73
22	aap	monkey	3	28.56	4.73
23	gordijnen	curtains	9	9.33	4.93
24	appel	apple	5	10.20	4.57
25	gevangenis	cell (prison)	10	34.67	4.67
26	sms'en	to text	6	0.34	4.00
27	uitgummen	to erase	9	1.21	4.53
28	boor	drill	4	3.45	3.45
29	deken	blanket	5	14.20	4.73
30	hert	deer	4	6.13	4.93
31	brug	bridge	4	44.07	4.73
32	huis	house	4	345.23	4.93
33	kreeft	lobster	6	5.53	4.87
34	slaan	to slap	5	94.51	4.13
35	zwemmen	to swim	7	39.47	4.60
36	fiets	bike	5	21.75	4.93
			<b>6.31</b>	<b>45.69</b>	<b>4.63</b>
					<b>Mean</b>

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601 **Appendix I (cont).** Measures of length, frequency, and concreteness for the Dutch words

Low overlap					
	Dutch	English	Length	Frequency	Concreteness
1	snijden	to cut (knife)	7	20.65	4.13
2	stelen	to steal	6	59.82	3.33
3	vliegen	to fly	7	89.69	4.27
4	olifant	elephant	7	12.01	4.93
5	adelaar	eagle	7	3.93	4.93
6	laptop	laptop	6	5.88	4.93
7	doos	box	4	38.28	4.87
8	nieten	to staple	6	0.16	3.93
9	slang	snake	5	21.59	4.87
10	paraplu	umbrella	7	3.43	4.80
11	rammelaar	rattle	9	23.67	4.67
12	kloppen	to knock	7	23.39	4.53
13	jongleren	to juggle	9	56.89	3.80
14	botsen	to crash	6	56.67	3.80
15	vlinder	butterfly	7	6.13	5.00
16	ruitwisser	winscreen wiper	12	10.56	4.47
17	aankleden	to put clothes on	9	9.33	3.53
18	schildpad	turtle	9	44.12	4.67
19	kat	cat	3	52.85	4.87
20	konijn	rabbit	6	18.87	4.93
21	deur	door	4	247.48	4.93
22	fles	bottle	4	45.71	4.93
23	champignon	mushroom	10	22.09	4.93
24	bloem	flower	5	13.49	4.67
25	bed	bed	3	239.93	4.80
26	restaurant	restaurant	10	41.78	4.13
27	kip	chicken	3	37.89	4.87
28	bal	ball	3	80.63	5.00
29	tandenborstel	toothbrush	13	4.16	4.80
30	rollator	zimmer frame	8	0.05	4.20
31	rolstoel	wheelchair	8	8.37	4.87
32	pistool	pistol	7	102.63	4.87
33	huilen	to cry	6	54.52	4.13
34	injecteren	to inject	10	1.81	4.20
35	vliegtuig	plane	9	89.92	4.80
36	pinguin	penguin	7	34.88	4.87
			<b>6.92</b>	<b>43.98</b>	<b>4.56</b>
					<b>Mean</b>

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<b>High overlap</b>				
	<b>Dutch</b>	<b>NGT sign (gloss)</b>	<b>No. hands</b>	<b>Iconicity</b>
1	knippen	TO-CUT (scissors)	1	6.61
2	oppompen	TO-PUMP	2	5.16
3	vogel	BIRD	1	6.42
4	baby	BABY	2	6.39
5	telefoon	TELEPHONE	1	6.22
6	lepel	SPOON	1	5.33
7	handdoek	TOWEL	2	5.11
8	piano	PIANO	2	6.05
9	auto	CAR	2	4.74
10	rekenmachine	CALCULATOR	2	4.78
11	kameel	CAMEL	1	5.42
12	sleutel	KEY	1	6.26
13	wringen	TO-WRING	2	6.12
14	breken	TO-BREAK	2	6.79
15	kiwi	KIWI	2	2.06
16	melk	MILK	2	2.68
17	omhoog lopen	TO-GO-DOWN	1	2.72
18	omlaag lopen	TO-GO-UP	1	2.44
19	koffer	SUITCASE	1	3.61
20	helikopter	HELICOPTER	1	4.58
21	spin	SPIDER	1	4.53
22	aap	MONKEY	2	4.50
23	gordijnen	CURTAINS	2	4.74
24	appel	APPLE	1	2.53
25	gevangenis	CELL	2	3.84
26	sms'en	TO-SMS	2	4.17
27	uitgummen	TO-ERASE	1	4.21
28	boor	DRILL	1	3.83
29	deken	BLANKET	2	3.79
30	hert	DEER	2	4.58
31	brug	BRIDGE	1	4.63
32	huis	HOUSE	2	4.63
33	kreeft	LOBSTER	2	3.45
34	slaan	TO-SLAP	1	6.11
35	zwemmen	TO-SWIM	2	6.11
36	fiets	BIKE	1	6.44
				<b>4.77</b>

<b>Low overlap</b>				
	<b>Dutch</b>	<b>NGT sign (gloss)</b>	<b>No. hands</b>	<b>Iconicity</b>
1	snijden	TO-CUT (knife)	2	5.53
2	stelen	TO-STEAL	1	5.11
3	vliegen	TO-FLY	1	5.74
4	olifant	ELEPHANT	1	6.53
5	adelaar	EAGLE	2	5.53
6	pinguïn	PENGUIN	2	4.78
7	laptop	LAPTOP	2	5.44
8	doos	BOX	2	5.05
9	nieten	TO-STAPLE	1	4.84
10	slang	SNAKE	1	5.74
11	paraplu	UMBRELLA	2	5.42
12	rammelaar	RATTLE	1	4.75
13	kloppen	TO-KNOCK	1	6.05
14	jongleren	TO-JUGGLE	2	5.42
15	botsen	TO-CRASH	2	5.79
16	vlinder	BUTTERFLY	2	5.94
17	ruitenswisser	WINDSCREEN WIPER	2	6.63
18	aankleden	TO-PUT-CLOTHES-ON	2	3.32
19	schildpad	TURTLE	2	4.06
20	kat	CAT	2	3.61
21	konijn	RABBIT	2	3.16
22	deur	DOOR	2	4.00
23	fles	BOTTLE	1	3.68
24	champignon	MUSHROOM	2	3.11
25	bloem	FLOWER	1	3.11
26	bed	BED	2	3.21
27	restaurant	RESTAURANT	2	3.21
28	kip	CHICKEN	1	3.83
29	bal	BALL	2	4.05
30	tandenborstel	TOOTHBRUSH	1	3.68
31	rollator	ZIMMER FRAME	2	4.42
32	rolstoel	WHEELCHAIR	2	4.00
33	pistool	PISTOL	1	5.61
34	huilen	TO-CRY	2	6.74
35	injecteren	TO-INJECT	1	6.11
36	vliegtuig	PLANE	1	4.11
				<b>4.76</b>

607 **Appendix III. Additional ERP analysis.**

608 An additional ERP analysis was carried out comparing block 1 (first exposure) to block 3  
609 (post-learning exposure). Because we had no specific predictions for this comparison, as it  
610 was planned on the basis of reviewers' suggestions, we carried out an analysis on the entire  
611 time-window between sign onset (460 ms) and video offset (1400 ms). A cluster-based  
612 permutation test (same parameters used as in the analyses described in the main text)  
613 comparing the two blocks revealed a significant difference ( $p < .001$ ) between the two blocks.  
614 This difference, reflecting a sustained positivity for the signs when presented in block 1  
615 compared to the same signs when presented in block 3, was observed during the full epoch  
616 (460 - 1400 ms) and wide-spread over the scalp (i.e. observed in 43 out of 57 analysed  
617 electrodes). This difference was statistically independent from the signs' gestural overlap, i.e.  
618 there was no interaction between block (block 1 *vs* block 3) and gesture overlap (high overlap  
619 *vs* low overlap).

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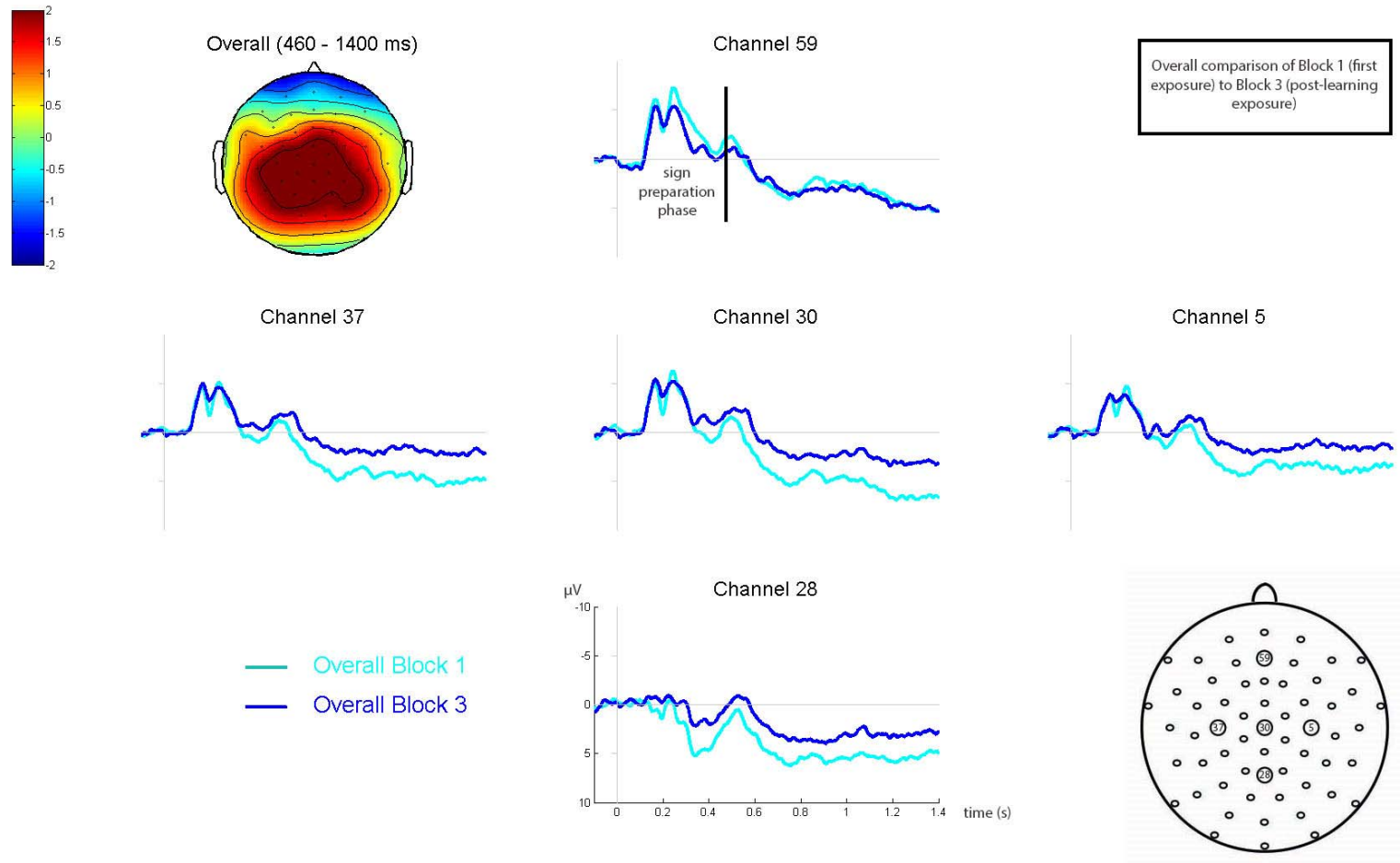
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**Figure A.** Grand average waveforms time-locked to video-onset comparing the ERPs elicited in block 1 to those from block 3, collapsed over the two gestural overlap conditions. The topographic plot shows the wide-spread corresponding voltage difference between the two blocks between sign onset (460 ms) and video offset (1400 ms). Overall, signs in block 1 elicited a sustained positivity compared to signs in block 3.

