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Lipopolysaccharide structure impacts the entry kinetics of bacterial outer membrane vesicles into host cells

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 vesicles, cargo uptake, vesicle trafficking, endocytosis;

19 AUTHOR SUMMARY

20 All Gram negative species of bacteria, including those that cause significant disease, release 21 small vesicles from their cell membrane. These vesicles deliver toxins and other virulence factors 22 to host cells during infection. Current methods for studying host cell entry are limited due to the 23 nanometer size and rapid uptake kinetics of vesicles. Here we developed a method to monitor the 24 rapid vesicle entry into host cells in real-time. This method highlighted differences in kinetics and entry route of vesicles into host cells, which varied with the bacterial cell wall composition 25 26 and thus, the vesicle surface. Increased understanding of vesicular entry mechanisms could 27 identify targets which may allow us to combat infections by inhibiting delivery of vesicle-28 associated toxins to host cells.

30 ABSTRACT

Outer membrane vesicles are nano-sized microvesicles shed from the outer membrane of Gram-31 negative bacteria and play important roles in immune priming and disease pathogenesis. 32 33 However, our current mechanistic understanding of vesicle - host cell interactions is limited by a 34 lack of methods to study the rapid kinetics of vesicle entry and cargo delivery to host cells. Here, 35 we describe a highly sensitive method to study the kinetics of vesicle entry into host cells in real-36 time using a genetically encoded, vesicle-targeted probe. We found that the route of vesicular 37 uptake, and thus entry kinetics and efficiency, are shaped by bacterial cell wall composition. The 38 presence of lipopolysaccharide O antigen enables vesicles to bypass clathrin-mediated 39 endocytosis, which enhances both their entry rate and efficiency into host cells. Collectively, our 40 findings highlight the composition of the bacterial cell wall as a major determinant of secretion-41 independent delivery of virulence factors during Gram-negative infections.

43 **INTRODUCTION**

44 Outer membrane vesicles (OMVs) are nano-sized proteoliposomes released from the bacterial 45 cell envelope [1]. OMV release is a highly conserved process, occurring in all growth phases and 46 environmental conditions [2]. OMVs contain and deliver a broad range of cargos, from large 47 hydrophobic molecules to DNA, making them a versatile and generalised form of secretion that 48 enhances bacterial fitness in hostile environments [3-6]. They also contribute significantly to 49 pathogenesis, via the delivery of virulence factors such as toxins, adhesins and 50 immunomodulatory compounds directly into the host cell [7-9]. In a mouse model, purified 51 OMVs from Escherichia coli were sufficient to cause lethal sepsis in the absence of intact 52 bacterial cells, indicating their potency in enhancing infection and inflammatory processes [10]. 53 The immunogenicity and ubiquitous production of OMVs has also led to their clinical use in 54 vaccine preparations [11], representing an application for OMVs in generating immunity against 55 bacterial infections without the risks associated with live cell vaccines. Whilst many virulence factors are known to be OMV cargos, the processes underlying their delivery to host cells during 56 57 infection are not well characterized. Understanding these mechanisms could help to identify 58 targets for inhibition of OMV-associated toxin delivery and lead to attenuation of bacterial 59 infections, as well as helping to achieve their therapeutic potential in medicine, via vaccines and 60 engineered delivery vehicles [12-14].

61 Release of OMVs occurs during infection, and has advantages over other secretion 62 systems. They can carry a broad range of cargos, from protein toxins to hydrophobic small 63 molecules such as the *Pseudomonas aeruginosa* quorum sensing molecule quinolone signal

64 (POS), and vesicular cargos are protected from environmental insults [15, 16]. In addition, 65 OMV-mediated delivery of virulence factors can function over longer distances than contactdependent secretory pathways [17]. While much is known about the cargos contained within 66 67 OMVs, the small size of OMVs (20-200 nm) and rapid kinetics of entry (cargo-specific effects 68 can often be detected within minutes) have made studying their interactions with host cells 69 difficult. Previous work has often relied on OMVs labelled with dyes, non-discriminate probes 70 that modify vesicular contents during labeling. While such probes allow real-time analysis of 71 OMV entry and cargo delivery, their potential to modify vesicle components may interfere with 72 the vesicle's physicochemical characteristics, and alter the mechanism of OMV recognition, 73 entry and cargo release [18-20]. Other approaches rely on immunolabelling of OMV-associated 74 epitopes, but this often requires fixation of cells at pre-determined time points, and makes 75 assumptions about OMV cargo, which may ignore natural sub-populations of OMVs [21]. Some 76 experiments have used specific changes in host cell phenotypes in response to OMV contained 77 toxins as an indicator of OMV uptake [4]. However, such changes in host cell responses have 78 distinct dynamics from the OMV entry event, and allow only indirect conclusions about entry 79 kinetics [22]. These challenges have often lead to discrepancies in observations of OMV entry 80 and cargo delivery [14], demonstrating the need for an assay that can detect OMV entry 81 processes in a consistent and repeatable manner. In this paper we describe a novel assay to 82 continuously measure OMV entry and cargo release to host cells with high sensitivity, and in a 83 format that is adaptable for high throughput screening. Using this assay to study entry of OMVs 84 from different E. coli serotypes and pathovars into host cells, we identified key bacterial and host

factors that determine the route of entry, and thereby kinetics and efficiency of vesicular cargodelivery and trafficking.

87 **RESULTS**

88 A highly sensitive, kinetic assay for monitoring OMV entry into host cells. We set out to 89 develop a highly sensitive and dynamic assay that would allow us to monitor the kinetics of 90 OMV entry into host cells. We used a genetically encoded hybrid reporter probe that is 91 incorporated into the bacterial outer membrane and subsequently targeted to the OMV surface. 92 ClvA, a cytolysin that is sorted into OMVs produced by pathogenic E. coli, acts as the targeting 93 component, and is fused to the TEM domain of β -lactamase (Bla), which acts as an 94 enzymatically active probe (Figure 1A), and prevents assembly of the toxin into its biologically 95 active oligomeric conformation [12]. Host cells were incubated with CCF2-AM, a dye composed 96 of a covalently linked coumarin and fluorescein molecule, resulting in FRET and green 97 fluorescence emission, specifically in the eukaryotic cytoplasm where it is processed by 98 esterases. Esterification decreases the hydrophobicity of the FRET probe, thus decreasing its 99 membrane permeability and trapping the probe in the host cell cytoplasm. When OMVs isolated 100 from the producing bacterial strain enter host cells, their Bla cargo is able to cleave CCF2-AM, 101 abolishing FRET and resulting in a shift in emission from green (530 nm) to blue (460 nm) 102 fluorescence (Figure 1A). We monitored the FRET kinetics upon incubation of OMVs with host 103 cells, and analyzed efficiency of OMV uptake by host cells ([Em460/Em530]_{t=0hrs})/ 104 [Em460/Em530]_{t=3hrs}). We further analyzed data by fitting to a cubic spline function and 105 estimating gradients to extract maximal rate of entry (r_{max}) and rate over time (see SI Materials

and Methods). Experimental traces were limited to three hours, since beyond this time point the
 FRET signal decayed, likely due to degradation of the substrate within the host cell cytoplasm.

108 Figure 1. Genetically encoded Bla probes are enriched in E. coli OMVs and retain their enzymatic activity. 109 (A) Expression of genetically encoded Bla probes is induced in bacteria and secreted OMVs are isolated for all 110 subsequent experiments. Entry of OMVs containing Bla probes into host cells can be detected using a continuous 111 FRET assay. (B) Whole cell lysate (WCL), supernatant (sup) and outer membrane vesicles (OMV) fractions isolated 112 from EHEC expressing ClyA-Bla, carrying empty vector, or no vector were separated by SDS-PAGE and 113 expression of ClyA-Bla was detected by Western Blotting and probing with α-Bla antibody. (C) Specific enzyme 114 activity in whole cell lysate, supernatant, OMV or solubilized OMV fractions isolated from EHEC expressing ClyA-115 Bla, Bla-ClyA, or carrying empty vector (data shown are means \pm stdev, n=3).

116

117 Genetically encoded Bla probes are targeted to E. coli OMVs and retain their enzymatic 118 activity. First, we set out to verify whether ClyA-Bla fusion constructs retained ClyA's ability to 119 partition into vesicles, and were indeed targeted to E. coli OMVs. Following induction of probe 120 production, OMVs were isolated from enterohemorrhagic E. coli (EHEC) containing empty 121 vector, or expressing either ClyA-Bla (C-terminal fusion, enzyme exposed on the OMV surface) 122 or Bla-ClyA (N-terminal fusion, enzyme facing the OMV lumen) enzymatic probes. Probe 123 expression did not significantly change cross OMV morphology (Figure S1A) or charge (mean 124 ζ -potential -6.7 \pm 3.6 mV, Figure S1C), but did cause a slight but significant increase in OMV 125 size distribution (~ 20% increase in median diameter; Figure S1B). Probe expression did not 126 appear to result in cell envelope stress, as the amount of OMVs released per cell did not change 127 significantly compared to the untransformed strains (approximately 41 vs 39 vesicles/cell). 128 Sizing data (mean diameter 134 nm, range 10-400 nm across all OMV preparations) were in

129 accordance with previously published data for *E. coli* OMVs [12]. Intact ClyA-Bla fusion protein 130 was detected in samples from EHEC whole cell lysate, supernatant and OMV fractions (Figure 131 1B), suggesting that the fusion protein was targeted to and enriched in OMVs, as previously 132 reported for non-pathogenic E. coli [12]. The ClyA-Bla probe was oriented with Bla facing the 133 exterior of the OMV, as the protein was gradually degraded during treatment of ClyA-Bla OMVs 134 with papain protease, while the probe remained intact in OMVs containing Bla-ClyA, where Bla 135 faces the vesicle lumen (Figure S1D). The specific enzymatic activity was ~ 3-fold higher for 136 ClyA-Bla OMVs than for Bla-ClyA OMVs with similar activities in whole cell lysates, and both 137 activities were equalized by lysis of vesicles and probe solubilization, suggesting efficient 138 expression of active β -lactamase with the anticipated orientation (inward facing for Bla-ClyA, 139 outward facing for ClyA-Bla) in isolated OMVs (Figure 1C). Average OMV concentration was 5 $x \ 10^{12}$ particles per ml, and particle concentrations of all samples were normalized to give a 140 141 consistent OMV concentration for subsequent experiments.

142

143 OMV-targeted Bla probes report on rapid vesicle uptake and dismantling by host cells. 144 Having verified the correct targeting, orientation and enzymatic activities of the Bla probes, we 145 used them to dissect OMV entry (i.e., exposure of ClyA-Bla to cytoplasmic dye) and release of 146 OMV luminal contents (i.e., exposure of Bla-ClyA to cytoplasmic dye) into epithelial cells. We 147 used both Hela (cervical epithelial) and RKO (intestinal epithelial) cells loaded with CCF2-AM 148 dye and exposed to OMVs at an MOI of 1000 OMVs/cell. OMV yield was approximately $27 \pm$ 149 13 OMVs/bacterial cell for the different pathovars used, so this corresponds to a bacterial MOI 150 of approximately 37 bacteria/cell, a dose commonly used in infection assays, or approximately

151 10 µg/ml OMV protein (published assays use between 5-200 µg/ml OMV protein). EHEC ClyA-152 Bla OMVs caused a rapid increase in blue/green fluorescence over the course of a 3 hour 153 experiment. OMVs lacking probe did not cause a significant change in FRET signal. (Figure 2A-154 C). While the rate of cargo release remains stable throughout the experiment (Figure S2B), the 155 rate of entry is initially high but gradually decreases and approaches the rate of cargo release 156 (Figure S2A). OMV entry kinetics are similar in intestinal epithelial (RKO) cells (Figure S3). 157 Results of these kinetic analyses were visually confirmed by capturing FRET of samples at the 158 onset and endpoint of the experiment (Figure 2D). The rapid kinetics inferred from the FRET 159 traces also correlated with rapid internalization and re-distribution of OMV lipid inside host 160 cells, with a significant portion of OMV material localized to an intracellular, tubular structure 161 surrounding the nucleus, likely the ER, even after 10 minutes, the fastest we could feasibly prepare samples for imaging (Figure 2E). These results suggest that our approach is capable of 162 163 capturing the rapid internalization and dismantling of OMVs, which proceeds too fast to 164 adequately capture by imaging. As the rate limiting step for cargo release appears to be OMV 165 entry, we further focused on analyzing potential determinants of the entry process.

166

Figure 2. Reporter OMVs capture rapid kinetics of vesicle uptake by host cells in real time. (A) CCF2-AM loaded Hela cells were exposed to OMVs from EHEC carrying ClyA-Bla (red), or vector control (grey) at an MOI of 1000 for 3 hours. Ratio of blue:green fluorescence) over time was plotted as mean \pm stdev (n=3). (B) R_{max} was determined from data in S2A to visualize speed of uptake and is shown are means \pm stdev (n=3). Significance was determined by analysis of variance, with a Brown Forsythe test to determine equal variance. (**) p≤0.01. (C) Absolute FRET changes after 3 h were determined from data in (A) and plotted as efficiency of OMV uptake. Data shown are means \pm stdev (n=3). Significance was determined by ANOVA, with a Brown Forsythe test to determine equal variance. (**) $p \le 0.01$. (D) CCF2-AM loaded Hela cells were imaged by confocal microscopy and merged blue/green images representative of 15 images (n=3) are shown. Scale bars, 20 µm. (E) Hela cells incubated with cellmask orange-labelled OMVs (red) for 10 and 60 min and slice views of z-stacks were acquired by confocal microscopy. Scale bars, 10 µm;

178

179 EHEC OMVs enter host cells more rapidly and efficiently than OMVs from non-180 pathogenic E. coli. Next, we compared the uptake kinetics of OMVs isolated from EHEC and 181 non-pathogenic E. coli K12. Uptake of EHEC OMVs was faster (Figure 3A), and approximately 182 30% more efficient (Figure 3C), compared to K12 OMVs; the maximal rate was higher (Figure 183 3B), and a high rate of uptake was sustained for longer for EHEC than for the K12 strain (Figure 184 S2C). Both r_{max} (Figure S2D) and uptake efficiency (Figure S2E) increased with increasing 185 OMV concentration for both EHEC and K12, but for K12 vesicles r_{max} saturated at a lower OMV 186 concentration and a lower uptake efficiency was achieved. Taken together, these results suggest 187 EHEC OMVs contain cargos absent from K12 OMVs that accelerate and sustain the rate and 188 thus increase the efficiency of vesicle uptake by host cells.

189

190Figure 3. EHEC OMVs enter host cells more rapidly and efficiently than *E. coli* K12 OMVs. (A) CCF2-AM191loaded Hela cells were exposed to OMVs from EHEC (red) or *E. coli* K12 (blue) carrying ClyA-Bla, at an MOI of1921000 for 3 hours. Ratios of blue:green fluorescence over time were plotted as means \pm stdev (n=3). Maximum rates193(B) were determined from data in Figure S2 and absolute FRET signal changes after 3 hrs (C) were determined from194data in (A) and plotted to visualize overall efficiency of uptake for EHEC (red) and K12 (blue) OMVs. Data shown195are means \pm stdev (n=3). Significance was determined by ANOVA, with a Brown Forsythe test to determine equal196variance. (***) p≤0.001, (**) p≤0.01.

198 Lipopolysaccharide structure shapes kinetics of OMV uptake by host cells. Since OMVs are 199 derived from the outer membrane of Gram-negative bacteria, they contain lipopolysaccharides 200 (LPS), [23]. Whilst lipid A and the core oligosaccharide regions are well conserved, many 201 species including EHEC contain a highly variable polysaccharide domain known as O antigen 202 [24]. The O antigen constitutes the outermost structural region of LPS, and due to its length of up 203 to 40 nm [24], likely the first component in contact with host cells. These characteristics led us to 204 hypothesize that the O antigen present on EHEC OMVs may be a structural determinant of OMV 205 recognition and uptake by host cells.

206 To test this hypothesis, we carried out FRET assays with Hela cells exposed to ClyA-Bla 207 reporter OMVs harvested from three pairs of strains, reflecting different E. coli serotypes and 208 pathovars and O antigen deficient isogenic mutants, to determine how the presence or absence of 209 O antigen would impact OMV uptake kinetics in each case. OMVs were derived from two 210 different pathovars of E. coli, EHEC (serotype O157) and enteroaggregative E. coli (EAEC, 211 serotype O42), and from the non-pathogenic lab strain K12 (serotype O16). For EHEC, OMVs 212 from O157 wild type cells and an isogenic strain lacking the O157 O antigen (gne::IS629, [25]) 213 were compared (Figure 4). The O antigen deficient mutant gne::IS629 carries a 1310 bp insertion 214 in gne, disrupting the epimerase required for synthesis of the oligosaccharide repeating unit in 215 the O antigen [25, 26], leading to a \sim 10 nm decrease in median OMV diameter (Figure S1B). 216 The r_{max} for ClyA-Bla reporter OMVs derived from this O antigen deficient EHEC strain and the 217 isogenic wild type O157 strain were not significantly different (Figure 4B). However, OMVs 218 derived from wild type EHEC with intact O antigen sustained a higher entry rate over a longer

219 period (Figure S4A), and thus entered host cells ~ 43% more efficiently than those derived from
220 O antigen deficient EHEC (Figure 4D).

221 OMVs from wild type EAEC (serotype O42, intact O antigen) were compared with an 222 isogenic O antigen deficient mutant ($\Delta w ba C$, lacking a glycosyltransferase necessary for O 223 antigen synthesis; [27]). EAEC OMVs with intact O antigen were around 20 nm larger in 224 median diameter than EHEC OMVs, suggesting they carry a longer O antigen, and the diameter 225 dropped in the O antigen deficient mutant, to the same size as EHEC O antigen deficient OMVs 226 (Figure S1B). EAEC OMVs with intact O antigen entered host cells ~ 66% more efficiently than 227 OMVs without O antigen, due to a 77% higher r_{max} (Figure 4D-F) and a higher sustained rate 228 over time (Figure S4B).

229 The non-pathogenic E. coli K12 strain MG1655 has lost its ability to produce O antigen 230 due to a disruption in *wbbL* encoding the rhamnosyltransferase required for O antigen synthesis 231 [28]. We compared entry of OMVs from this O antigen deficient strain (median OMV diameter 232 decreased by ~ 10 nm, compared to O16 positive strain), to those from an isogenic strain (DFB 233 1655 L9), where wild type *wbbL* has been restored, allowing for expression of the strain's 234 original O16 O antigen [27]. Similar to O157, the presence or absence of O antigen did not alter 235 r_{max} , but the presence of O antigen allowed for a higher rate to be sustained for longer (Figure 236 S4C), leading to a ~ 22% higher efficiency overall (Figure 4G-I). A similar effect of O antigen 237 on uptake kinetics was observed in intestinal epithelial cells (Figure S3). Taken together, these 238 results suggest that the presence of the LPS O antigen increases the entry efficiency of OMVs 239 into host cells, independent of the specific mutation leading to O antigen deficiency. Depending 240 on the serotype used, this is caused by enhancing r_{max} and/or by sustaining a higher uptake rate over a longer period, compared to OMVs lacking O antigen. These variations may be due to
 differences in physicochemical features and/or other vesicle cargos between the different
 serotypes.

244

Figure 4. LPS structure affects rate and efficiency of OMV uptake by host cells. CCF2-AM loaded Hela cells were exposed to ClyA-Bla OMVs isolated from EHEC (serotype O157, A-C), EAEC (serotype O42, B-F) or K12 (serotype O16, G-I) containing O antigen (red), or lacking O antigen (blue), at an MOI of 1000 for 3 hours. Ratios of blue:green fluorescence over time (A, D, G) were plotted as means \pm stdev (n=3). Maximum rates (B, E, H) were extracted from data in Figure S4 and absolute FRET changes after 3 hrs (C, F, I) were determined from data shown in A, D and G. Data shown are means \pm stdev (n=3); Significance was determined using ANOVA, with a Brown Forsythe test to determine equal variance. (***) p≤0.001, (**) p≤0.01, (*) p≤0.05, (ns) not significant.

252

253 LPS structure determines the preferred entry route of OMVs into host cells. Next, we 254 evaluated the relative contribution of cellular trafficking pathways to OMV uptake and 255 determined if this was affected by LPS structure. Inhibition of macropinocytosis following 256 treatment of host cells with 20 uM blebbistatin enhanced both the rate and efficiency of uptake in 257 the strains with shorter O antigen (EHEC and K12) and left it unaltered for EAEC (Figure S5). These data suggest that only a small fraction of OMVs usually enters cells by micropinocytosis, 258 259 and inhibition of this relatively slow uptake route either does not affect or accelerates uptake. 260 Next, we tested if OMV uptake required dynamin, using the dynamin GTPase inhibitor dynasore. 261 Treatment of host cells with dynasore completely abolished uptake of OMVs, independent of serotype and the presence of O antigen (Figure S5). Next, we determined whether OMV uptake 262 was via clathrin-coated pits, or via lipid raft-mediated endocytosis, both of which require 263 264 dynamin [29-31]. We inhibited clathrin-mediated endocytosis, either by proteolytic removal of

265 all protein receptors from host cells with papain prior to OMV incubation, or by blocking pit 266 assembly using chlorpromazine [32]. Removal of protein receptors from the host cell surface 267 increased uptake rate (Figure S6) and efficiency (Figures 5 and S6) for OMVs with O antigen, 268 but decreased or abolished uptake rate and efficiency of O antigen deficient OMVs. In general, 269 both papain and chlorpromazine treatment decreased the uptake of O antigen negative OMVs 270 but, although they had variable effects, they did not reduce uptake of O antigen positive OMVs 271 (Figures 5 and S6). This suggests that OMVs lacking O antigen require protein receptors for 272 uptake and use clathrin-mediated endocytosis as a main route of entry. In contrast, OMVs with 273 intact O antigen do not rely on protein receptors for entry, and inhibition of clathrin-mediated 274 endocytosis does not prevent their uptake into host cells.

275

276 O antigen containing OMVs enter host cells faster because they can access raft-mediated 277 endocytosis more efficiently. Since OMVs displaying O antigen on their surface accessed host 278 cells faster in the absence of clathrin-dependent endocytosis, we investigated whether this was 279 mediated by raft-dependent pathways. Disruption of raft-mediated endocytosis, either by 280 sequestration of membrane cholesterol from membrane microdomains via methyl-β-cyclodextrin 281 or by disrupting raft dynamics with filipin [33], led to a reduced r_{max} (Figure 5) and uptake 282 efficiency (Figure S6). These data show that, while OMVs are able to access different uptake 283 routes including macropinocytosis, clathrin-dependent and raft-dependent endocytosis, OMVs 284 displaying O antigen on their surface are able to access raft-dependent endocytosis more 285 efficiently, while OMVs lacking O antigen are more reliant on clathrin-mediated uptake (Figure 286 6). Shifting a larger fraction of O antigen-positive OMVs to raft-mediated endocytosis further accelerates their uptake, and we conclude the differences in uptake routes driven by LPS
structure account for differences in uptake rate and efficiency we observe.

289

290 Figure 5. OMVs lacking O antigen are biased towards clathrin-mediated endocytosis, while OMVs with O 291 antigen can efficiently access host cells via lipid rafts. Hela cells were either left untreated (control, red), or pre-292 treated with 5 µg/ml papain (lilac), 1 µg/ml chlorpromazine (pink), 5 mM methyl-β-cyclodextrin (light green) or 1 293 µg/ml filipin (turquoise), and exposed to ClyA-Bla OMVs isolated from EHEC (A), EAEC (B) or K12 (C) with or 294 without O antigen at an MOI of 1000 for 3 hours. Total FRET changes after 3 hrs were determined from data in 295 Figure S6 and data shown are means \pm stdev (n=3). Significance compared to the control group was determined 296 using ANOVA, with a Brown Forsythe test to determine equal variance. (***) indicates p≤0.001, (**) p≤0.01, (*) 297 $p \le 0.05$, (ns) not significant.

298

299 Figure 6. LPS composition determines major route and kinetics of OMV entry into host cells. Whilst it is well 300 established that pathogenic species utilize OMVs during infection, the specific adaptations which allow OMVs to 301 contribute to pathogenesis require further exploration. This work has developed a new approach to overcome current 302 methodological limitations and provide consistent data for future studies and allow new insights into the interactions 303 of OMVs with host cells during infection. This method has shown the relevance of LPS composition, in particular 304 the presence of O antigen, in determining the entry route and kinetics of OMVs. Further work in this area may 305 reveal targets for inhibition of these processes, and enable attenuation of infections by preventing the OMV-306 associated delivery of virulence factors.

307 308

309 **DISCUSSION**

Interactions between bacterial outer membrane vesicles and epithelial cells are now recognized as an important driver of bacterial pathogenesis. Yet, our ability to study vesicle-host cell interactions has been limited by a lack of methods to capture the rapid kinetics of vesicle entry and dismantling in real-time, and without altering the physicochemical properties of the vesicle. Here we describe a novel assay that fulfils these requirements and allowed us to study the kinetics of OMV uptake with enough temporal resolution to reveal critical differences in rate and 316 uptake efficiency of vesicles derived from different E. coli serotypes and pathovars. The method 317 uses a genetically encoded, OMV targeted probe and a cell-permeable dye, resulting in a change 318 in FRET upon reporter uptake and dye cleavage. Advantages of this system include its high 319 sensitivity (5 µg/ml OMVs, the lowest concentration reported in the literature, produced a 320 reproducible trace with good signal/noise ratio) and rapid response (signal was detected within 321 seconds). A potential drawback is, that it is not known if the ClyA-Bla probe is expressed 322 equally across the entire OMV population, but this is equally true for other markers and assays 323 currently in use. The system's use can be extended to a high-throughput format, allowing further 324 study of bacterial and host factors determining OMV uptake and trafficking. Using a transwell 325 format, the method can be applied to cell-based assays consisting of bacteria releasing OMVs, 326 and host cells without the need for OMV isolation. Although the specific probes used here were functional across a range of E. coli isolates and different host cell types, their use in other 327 328 bacterial species will require further characterization to determine if they are targeted to OMVs 329 and retain correct orientation and enzymatic activity.

We selected EHEC and EAEC OMVs for this study, since OMVs have been shown to play a crucial role in toxin stabilization and delivery for both pathovars [34, 35], and have been considered as a means to vaccinate and protect against hemolytic uremic syndrome, a severe complication of EHEC infection [36]. It is clear that LPS, and specifically O antigen, contributes to bacterial within-host fitness and pathogenicity, by enhancing resistance to complement, modulating phagocytosis and phage infection [37, 38]. The O antigen of most *E. coli* strains has 10-18 repeats, but can exceed 80 repeats [39, 40]. The length of the O antigen is equally variable 337 $(\sim 5-50 \text{ nm})$, and is positively correlated with the ability of the bacterial cell to adhere to host 338 cells and tissues, while loss of O antigen results in defects in colonisation, biofilm formation, and 339 increased pathogen clearance [24, 41-43]. Recent work showed that EHEC OMVs allow 340 efficient delivery of LPS into the host cell cytoplasm, resulting in inflammatory responses, 341 caspase-11 activation and cell death, but did not explore the role of LPS in uptake [44]. Our data 342 suggest that O antigen has an additional, previously unrecognized role during bacteria-host 343 interactions, which is to steer OMVs towards raft-mediated endocytosis, accelerating uptake and 344 delivery of vesicle associated virulence factors such as hemolysins and Shiga-like toxins [45] to 345 host cells and enhancing pathogenicity.

346 It is well known that OMVs contain different cargos, depending on pathovar and serotype 347 [46]. This means the comparison of O antigen deficient mutants with wild type OMVs as well as 348 comparison of different pathovars has the pitfall that other vesicle cargos may be modulated and 349 alter uptake kinetics. To dissect the effect of O antigen independent of other cargos, we 350 attempted to deplete O antigen of wild type OMVs by treatment with a glycoside hydrolase, but 351 found enzymatic activity was not limited to O antigen cleavage but modified the core LPS as 352 well. However, we observed a strong correlation between O antigen and uptake kinetics across 353 three different serotypes and pathovars, suggesting that O antigen is, if not the only factor, at 354 least a key determinant of uptake kinetics. Since EAEC OMVs showed the most distinct change 355 in entry kinetics upon O antigen deletion, with r_{max} impacted as well as rate sustenance and 356 efficiency (Figure 4) and O42 antigen seemed to be much longer than EHEC O157 or K12 O16 antigens, which seemed similar in size and displayed similar changes upon O antigen deletion(Figure S1B), we speculate that O antigen length may impact maximal entry rate.

359 We used our newly-devised assay to identify the relative contribution of cellular uptake 360 pathways to OMV entry into host cells. Clathrin- and raft-dependent endocytosis, 361 macropinocytosis and membrane fusion have all previously been reported as uptake pathways for 362 bacterial OMVs, and it is likely that discrepancies between studies result, at least in part, from 363 differences in species, strains and methodology used to study uptake [48]. Uptake of OMV cargo 364 by fusion of vesicles with the host cell membrane can be ruled out as a major route of uptake for 365 OMVs used in our study, since in this case ClyA-Bla would be exposed on the outer leaflet of 366 the host cell membrane and would not account for the rapid cleavage of the cytoplasmic FRET 367 dye. Assays using pharmacological inhibitors to block specific endocytic pathways, showed that 368 while all OMVs use multiple uptake routes, their surface structure biases them towards different 369 pathways. For example, O antigen deficient OMVs had a stringent requirement for surface 370 protein receptors for their uptake, while O antigen containing OMVs were able to access protein-371 receptor independent pathways. Depletion of such receptors actually allowed them to access 372 protein-receptor independent pathways more efficiently and utilize raft-mediated endocytosis, a 373 more rapid mode of uptake, as main route of entry. While raft-mediated endocytic routes are not 374 as well characterized as clathrin-mediated endocytosis, it is clear there are multiple pathways, 375 including caveolin and non-caveolin dependent raft-mediated endocytosis. Our experiments 376 suggest that the entry of O antigen containing OMVs is raft- and dynamin dependent, but 377 protein-receptor independent, and no co-localization between OMVs and caveolin was detected.

378 The requirement of dynamin is likely, based on complete inhibition of uptake following 379 treatment with dynasore, however this is confounded by the dual inhibitory effect of dynasore 380 both on dynamin as well as cholesterol containing micro domains [49]. A recent study focusing 381 on vesicular cargo delivery of EHEC OMVs to host cells over longer time frames also concluded 382 that OMVs enter host cells via dynamin-dependent endocytosis [45]. We therefore conclude they 383 use a raft-mediated, and likely dynamin dependent, but protein-receptor and caveolin-384 independent route of uptake, and the detailed requirements regarding their uptake are subject to 385 current studies.

386 MATERIALS AND METHODS

387 Strains and growth conditions

388 The strains used in this study were the E. coli serotype O157:H7 strain Sakai 813, a derivative of 389 enterohaemorrhagic E. coli (EHEC) RIMD 0509952, and its O antigen deficient derivative, MA6 390 $(\Delta gne, [25]; the E. coli serotype O42 wild type strain (an enteroaggregative E. coli isolate, [47],$ 391 and its isogenic, O antigen deficient derivative strain ($\Delta wbaC$, [27]; the E. coli serotype O16 392 strain DFB 1655 L9 (a K12 strain containing a restored *wbbL* gene), and its isogenic, O antigen 393 deficient derivative, MG1655 [27]. All strains were transformed with plasmids pBAD ClyA-Bla, Bla-ClvA, or empty vector (a kan^R derivative of the pBAD amp^R vector provided by Matthew 394 395 DeLisa, Cornell University), [12]. Strains were grown in LB containing 50 µg/ml kanamycin, at 396 37 °C with shaking at 200 rpm.

397

398 Isolation of outer membrane vesicles by ultracentrifugation

399 100 ml cultures were grown in LB at 37 °C, with agitation at 200 rpm. Once the OD₆₀₀ reached 400 0.5-0.6, expression of ClyA-Bla was induced with 0.2% L-arabinose and grown for a further 16 401 h. Cells were then pelleted at 6000xg, and the supernatants were removed and filtered with a 402 0.45um syringe filter. Aliquots of filtered supernatants were spread on LB agar and grown 403 overnight at 37 °C to check that all viable cells had been removed by filtration. 25 ml of filtered 404 supernatants were centrifuged in a Beckman XL90 ultracentrifuge using a 70Ti rotor at 405 100,000xg (30,000 rpm) for 2 h at 4 °C. After centrifugation, supernatants were removed, and the 406 OMV pellets were resuspended in 1 ml colorless DMEM or sterile water (for TEM) and stored at 407 -20 °C.

408 **Detection of Bla probes in cellular fractions**

409 12 µl of samples normalized for their protein content from EHEC ClyA-Bla and Bla-ClyA whole 410 cell lysate, supernatant and OMV fractions were added to 3µl 5X SDS loading dye and boiled for 411 10 min. Samples were loaded onto a 15 well BioRad pre-cast stain-free SDS-PAGE gel and run 412 at 120V, 200mA for 45 min. The gel was then transferred onto a PVDF membrane in transfer 413 buffer containing 20% methanol for 80 minutes at 100V. After transfer, the membrane was 414 blocked at room temperature in TBS 0.1% Tween-20 and 5% skim milk for 1h with agitation. 415 The membrane was washed 3 times with TBS 0.1% Tween-20 (5 min per wash). After blocking, 416 the membrane was incubated with a 1:2000 dilution of mouse anti-Bla primary antibody in TBS 417 0.1% Tween-20 and 5% skim milk overnight at 4 °C with agitation. The following day, the 418 membrane was washed 3 times as before, and incubated with a 1:5000 dilution of sheep anti-419 mouse secondary antibody in TBS 0.1% Tween-20, 5% skim milk for 1h at room temperature

with agitation. The membrane was washed again 3 times, and 2 ml BioRad ECL reagents were
added to the membrane and incubated for 5 min, before visualization with a BioRad ChemiDoc
imager.

423

424 Nitrocefin assay to determine β-lactamase activity

50 μl of samples were added in triplicate to a 96-well plate. Nitrocefin was diluted to 0.5 mg/ml
in PBS and 50 μl was added to each sample. The absorbance at 486 nm was measured in the
FluoStar Omega plate reader for 2 h, and the change in absorbance over time was used to
determine the specific activity in samples, using the protein concentration determined by the
CBQCA kit.

430

431 **Protein Quantitation**

432 To quantify levels of protein in cell fractions, the ThermoFisher CBQCA Protein Quantitation kit433 was used according to the manufacturer's instructions.

434

435 **Papain and detergent treatment of OMVs**

436 Triton X-100 and SDS were added at a concentration of 1% to 20 µl OMVs for 45 min at 37 °C.

437 5ug/ml papain was then added for 30 or 60 min at 37 °C. The papain reaction was inactivated

- 438 using 1 mM PMSF at room temperature for 30 min. 5 µl SDS-PAGE loading dye was added to
- the samples, which were then boiled for 10 min. Samples were run on a 15-well pre-cast stain

440 free gel for 45 min at 120V, and then subjected to Western blotting with anti-β-lactamase
441 primary antibody (Pierce) as described above.

442

443 Plate reader FRET experiments

444 HeLa cells (passage 1-7) were seeded in triplicate in a black-walled, clear bottom 96-well plate at a concentration of 1×10^5 cells per ml in Dulbecco's modified Eagle medium (DMEM) 445 446 supplemented with 1% L-glutamine, 1% Penicillin/Streptomycin and 10% heat inactivated fetal 447 bovine serum. The plate was incubated at 37 °C, 5% CO₂ for 24 h prior to experiments. The 448 following day, cells were loaded with 20 µl 6X CCF2-AM with 100 µl colourless 449 unsupplemented DMEM (cDMEM) and incubated at room temperature for 1 h in the dark to 450 allow dye loading. The dye was removed by washing 2x in PBS and 1x in cDMEM. Cells were 451 treated with 5 mM methyl-ß-cyclodextrin or 1 µg/ml filipin to inhibit cholesterol mediated 452 endocytosis, 80 uM Dynasore for dynamin inhibition, or 20 uM blebbistatin for 453 macropinocytosis inhibition for 1h at 37 °C. Cells were treated with 1 µg/ml chlorpromazine for 1h at 37 °C to inhibit formation of clathrin-coated pits, or with 5 µg/ml papain for 15 min at 37 454 455 ^oC to remove surface proteins, before inactivation of papain with 5 mM PMSF for 20 min.

456 Reporter OMVs were diluted in cDMEM and added to the cells for a final concentration of 10 457 μ g/ml, or 1x10⁸ vesicles, corresponding to an MOI of 1000. The plate was immediately placed in 458 the PheraStar plate reader, with excitation at 405 nm and simultaneous dual emission at 530 nm 459 and 460 nm. The wells were scanned (bottom optic) with orbital averaging for a total of 150 460 cycles, equating to a measurement every 90 seconds for 3 hours. The ratio of blue to green 461 fluorescence intensity detected in the cells at each cycle was calculated using GraphPad Prism, 462 and ratios for uninfected, dye-loaded cells were used as the baseline value for each cycle. All 463 traces were normalized to 0 for their first ratio value. All experiments were performed with a 464 minimum of three technical replicates and three independent repeats.

465

466 Efficiency of uptake and statistical analysis

Efficiency of uptake was calculated as the absolute change in blue:green fluorescence intensity ratio between 0 and 3 hours ($[Em460/Em530]_{t=0hrs}$)/ $[Em460/Em530]_{t=3hrs}$). Analysis of variance (ANOVA) was used to determine statistical significance, with a Brown Forsythe test to determine equal variance (GraphPad Prism software). A p-value of <0.05 was considered statistically significant.

472

473

474 Rate estimation and statistical analysis

To estimate the gradients of the data, polynomials were fitted to each data set using the cubic spline function *csaps* in Matlab. Numerical estimates of the gradients of the resulting polynomials were determined using the *gradient* function. To ensure that the gradient estimates were as smooth as possible whilst also retaining the overall shape and trend of the data, a small smoothing parameter was used. Analysis of variance (ANOVA) was used to determine statistical significance, with a Brown Forsythe test to determine equal variance (GraphPad Prism software). A p-value of <0.05 was considered statistically significant.

483 Confocal Microscopy

484 HeLa cells (P3-7) were seeded on 13mm coverslips in a 12-well plate at a concentration of 1×10^{5} 485 cells per ml in complete DMEM, 24 h prior to experiments. The following day, cells were 486 washed and loaded with 100 µl 6X CCF2-AM dye with 500 µl colourless unsupplemented 487 DMEM, and incubated in the dye solution for 1 h at room temperature in the dark. Cells were 488 then incubated with ClyA-Bla reporter OMVs for 0-4 h. The cells were washed with PBS and 489 then fixed with 0.5 ml 4% PFA. The next day, coverslips were mounted onto slides with a drop 490 of Gold Anti-Fade mounting solution and then imaged using a Nikon A1R confocal microscope 491 (Birmingham Advanced Light Microscopy Facility), and fluorescence was observed from 492 excitation at 409 nm and dual emissions at 450 nm and 520 nm. Z stacks were produced with 493 gain, slice thickness, exposure and laser intensity kept the same for all slides, and images were 494 taken for 3 representative fields of view per slide and n=3 independent samples. The Z stacks 495 were converted to maximum intensity projection images. For OMV localization experiments, 496 OMVs were stained using cell mask orange (1:500) for 1 h at 22 °C and gentle agitation. 497 Following staining, samples were washed with 28 volumes of PBS and labelled OMVs pelleted 498 by ultracentrifugation (100,000xg, 2h). Hela cells were exposed to labelled OMVs for 10 of 60 499 minutes prior to fixation in 3.2% formaldehyde. Slides were imaged using an Olympus IX83 500 inverted microscope fitted with a FV3000 confocal system and 100x Super Apochromat oil 501 objective. Images were captured using Olympus Fluoview software and processed using the 502 CellSens extension package.

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647 SUPPORTING INFORMATION LEGENDS

648 Figure S1. Morphology, size, charge and probe orientation of reporter OMVs. (A) Electron 649 micrographs of negative stained OMV fractions from EHEC wt (left image) or EHEC ClyA-Bla (centre and right images). Scale bars, 0.5 µm. (B) Isolated OMVs were diluted 1x10⁻⁶ fold and 650 651 nanoparticle tracking analysis was used to determine the size distribution. Black lines represents 652 median size from at least 200 tracks acquired per sample. Statistical significance was determined 653 by ANOVA, with a Brown Forsythe test to determine equal variance. (***) p≤0.005, (ns) not 654 significant. (C) ζ -potentials of isolated OMVs. Values represent means from 30 readings per 655 sample. (D) OMV fractions from EHEC expressing Cly-Bla, Bla-ClyA or carrying empty vector 656 were treated with papain for 30 or 60 minutes, and used for Western Blotting with α -Bla 657 antibody.

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Figure S2. Rates of uptake/dismantling and concentration dependency of uptake kinetics 659 660 for OMVs. (A) CCF2-AM loaded Hela cells exposed to EHEC OMVs carrying ClyA-Bla (red), 661 or empty vector (grey) at an MOI of 1000 for 3 h. Rate of uptake over time was extracted from data in Figure 2A and data shown are means ± stdev (n=3). (B) FRET change upon exposure of 662 663 Hela cells to EHEC OMVs carrying ClyA-Bla (reporting on exposure to OMV surface to cytoplasm) or Bla-ClyA (reporting on exposure of luminal cargo to cytoplasm). (C) Hela cells 664 665 were exposed to EHEC or K12 ClyA-Bla OMVs at an MOI of 1000 for 3 hours. Rates of uptake 666 over time were extracted from data in Figure 3A and are means \pm stdev (n=3). (D) Experiments 667 were repeated as above but using different OMV concentrations (0-20 µg/ml of protein, corresponding to an MOI of 0- 2000), and maximum rates (D) and efficiency of uptake (E) 668 669 determined as described above. Data are means \pm stdev (n=3).

670

Figure S3. Uptake for OMVs from serotypes O157, O42 and O16 with or without O
antigen. CCF2-AM loaded RKO intestinal epithelial cells were exposed to OMVs from EHEC

- 673 O157 (A), EAEC O42 (B), and K12 O16 (C), with O antigen (red) and without O antigen (blue),
- at an MOI of 1000 for 3 hours. FRET changes (blue/green fluorescence, A-C) and efficiency of
- 675 uptake (total change over three hours, D) are shown as means \pm stdev (n=3).
- 676
- Figure S4. Rates of uptake for OMVs from serotypes O157, O42 and O16 with or without
 O antigen. CCF2-AM loaded Hela cells were exposed to OMVs from EHEC O157 (A), EAEC

679 O42 (B), and K12 O16 (C), with O antigen (red) and without O antigen (blue), at an MOI of 680 1000 for 3 hours. Polynomials were fitted to each data set using the cubic spline function csaps 681 in Matlab. Numerical estimates of the gradients of the resulting polynomials were determined 682 using the gradient function. Data shown are means ± stdev (n=3).

683

Figure S5. Effect of blebbistatin and dynasore on uptake of OMVs. Hela cells were either left untreated or pre-treated 80 uM Dynasore for dynamin inhibition (grey), or 20 uM blebbistatin for macropinocytosis inhibition (orange) for 1h at 37 °C and exposed to ClyA-Bla OMVs isolated from EHEC (A, B), EAEC (C, D), or K12 (E, F) at an MOI of 1000 for 3 hours. The FRET signal (ratio of blue:green fluorescence) over time was plotted as mean ± stdev (n=3).

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Figure S6. Effect of pharmacological treatments on OMV uptake. Hela cells were either left untreated or pre-treated with 5 ug/ml papain (lilac), 1 ug/ml chlorpromazine (pink), 5mM methyl-β-cyclodextrin (light green) or 1µg/ml filipin (turquoise) and exposed to ClyA-Bla OMVs isolated from EHEC (A, B), EAEC (C, D), or K12 (E, F) at an MOI of 1000 for 3 hours. The FRET signal (ratio of blue:green fluorescence) over time was plotted as means ± stdev (n=3).

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