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### **BolR**

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## UNIVERSITY<sup>OF</sup> BIRMINGHAM University of Birmingham Research at Birmingham

### **BolR: Box-Supervised Instance Representation for Multi Person Pose Estimation**

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### BolR: Box-Supervised Instance Representation for Multi Person Pose Estimation

BMVC 2023 Submission # 763

#### Abstract

Single-stage multi-person human pose estimation (MPPE) methods have shown great performance improvements, but existing methods fail to disentangle features by individual instances under crowded scenes. In this paper, we propose a bounding box-level instance representation learning called BoIR, which simultaneously solves instance detection, instance disentanglement and instance-keypoint association problems. Our new instance embedding loss provides learning signal on the entire area of the image with bounding box annotations, achieving globally consistent and disentangled instance representation. Our method exploits multi-task learning of bottom-up keypoint estimation, bounding box regression and contrastive instance embedding learning, without additional computational cost during inference. BoIR is effective for crowded scenes, outperforming state-of-the-arts on COCO (0.5 AP), CrowdPose (4.9 AP) and OCHuman (3.5 AP).

### 2 1 Introduction

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Multi-person human pose estimation(MPPE) aims to localize 2D keypoint locations of multiple human instances from an image. It is useful not only for 3D pose estimation and activity recognition [1], but also for human-robot interaction [5], autonomous driving [1], augmented/virtual reality and surveillance applications. In wild scenarios, where severe interperson occlusion and background clutter frequently occur, the capability of multi-person pose estimation becomes even more crucial.

Recent advances in single-stage MPPE methods [20, 53] have shown significant performance improvements. Compared to top-down methods [10, 10, 53], they do not require off-the-shelf person detector and therefore robust to detection errors. Unlike bottom-up methods [10, 10, 10, 10, 10, 10, 10, 10], they solve instance-keypoint association problem by explicitly detecting instances, usually using instance center locations.

While single stage methods showed promising results, they still suffer from instancekeypoint association under heavy inter-person occlusion, which often results in noisy predictions. We summarize the main reasons in two aspects. First, existing representation-based methods conceptually lack supervision to learn disentangled instance representation. Even if doing so would incur computational overhead during inference. Second, previous works have spatially sparse supervision. Many works apply learning signals only on ground-truth

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keypoint locations, which is too sparse for the model to holistically learn the entire image region, leading to noisy and globally inconsistent results. Although heatmap-based approaches 047 apply Gaussian kernel to generate ground-truth keypoint heatmaps, it is still more sparse than 048 conventional segmentation level supervision. 049

In this paper, we focus on effective instance representation learning method which can 050 provide both conceptually and spatially rich supervision. First, we reformulate to apply em-051 bedding loss on separate embedding branch, which can effectively map nonlinear features 052 of instances while primary task branch's performance is not degraded. Then, we design a 053 new contrastive learning scheme, termed Bbox Mask Loss, using bounding box supervision. 054 It contrasts instance embeddings on both inside and outside of the ground-truth bounding 055 boxes, which provides learning signals on the entire image region. Combining with bound-056 ing box regression and bottom-up keypoint heatmap regression as auxiliary tasks, we apply 057 multi-task learning scheme to learn effective instance representation for multiple keypoint estimation.

To summarize, our paper presents a new box level instance representation learning method, called BoIR, which simultaneously solves instance disentanglement and instance detection problem, without additional computational cost during inference.

- Bbox Mask Loss effectively disentangles features by instances in the embedding space using a new embedding loss with spatially rich bounding box level supervision.
- Auxiliary task heads enrich instance representation by sharing multiple aspects of the 066 instance, while no additional computational cost is induced during inference. 067

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• BoIR excels at challenging crowded scenes, surpassing comparative methods by 0.5 069 AP on COCO test-dev, 4.9 AP on CrowdPose test, and 3.5 AP on OCHuman 070 test. 071

#### 2 Related Works

2D Multi Person Human Pose Estimation.2D MPPE methods can be roughly classified075by instance handling approaches.Top-down methods use detectors [월, 27], [22] to get person077bounding boxes and use cropped images as input.Bottom-up methods first detect keypoints078and group them into instances.Single stage methods detect instances first, and then regress079instance-wise keypoints.Single stage methods do not need to crop an image into multiple080instance-wise images, and it does not need to group the keypoints into instances.080

SimpleBaseline [1] and HRNet [1] are top-down methods, and generally used as backbone networks in various works. MIPNet [1] is one of the recent top-down approaches which consider multiple instances within a bounding box, by modulating channel dimension to regress individual keypoints.

OpenPose [I], PersonLab [I], and PifPaf [I] share similar idea of estimating a vector field which associates keypoints with instances. HigherHRNet [I] and its subsequent works [I, II, K, K] are another class of bottom-up methods using Associative Embedding [I]. From the pixel-wise one dimensional embedding, they assign the detected keypoints to respective instance using off-the-shelf grouping algorithm [II]. These methods tend to lack capability of instance detection, since their training losses are mainly targeted for keypoint estimation.





Figure 1: Overview of our framework. Left: keypoint(kpt) head and center head are primary regression heads for MPPE. bottom-up keypoint(buk) head, bounding box(bbox) head and embedding(emb) head are auxiliary multi-task regressors which are not used during inference. Right: Visual illustration of Bbox Mask Loss. Blue circle is a query instance center, where green plus signs represent positive samples within a bounding box. Red minus signs are negative samples. Orange circle is a negative instance's center.

There are several single stage methods based on Transformers [53]. PETR [59] is a bottom-up method based on Transformers architecture. Instead of using Hungarian algorithm for instance grouping, it randomly initializes query embeddings to regress keypoints. On the other hand, ED-Pose [59] extracts query embeddings via human detection decoder. It requires huge computational cost and inference time due to massive amount of learnable parameters, which is critical for real time pose estimation.

FCPose [20] and CID [32] are single stage methods using instance center map. FCPose 119 first obtains instance proposals from one-stage person detector and applies instance-wise dy-120 namic convolution on global feature. Similarly, CID estimates instance body center map to 121 detect instances, and performs channel and spatial attention between sampled feature and 122 global feature, but it does not explicitly perform bounding box regression. CID directly 123 applies contrastive loss on the backbone network's output feature, which actually does not 124 effectively disentangle features by instances, as discussed in SimCLR [3]. Also, CID's con-125 trastive loss is spatially sparse since it is applied only on instance center locations. Instead, 126 we introduce a separate embedding branch which does not hinder learning keypoint features, 127 and also provide spatially and conceptually rich supervision. KAPAO [23] is another single 128 stage method. It reformulates the task as object detection task, and jointly detects person and 129 keypoint objects.

Representation Learning with Distance Metrics. Deep metric learning's objective is to
 learn a distance metric in embedding space for extracting better representation, generally
 composed with pull term for closing the distance among positive samples, and push term for
 disambiguating different classes. Push loss term is crucial for effective representation learning, so many works devoted to propose various negative sampling strategies. Contrastive
 loss [I], triplet loss [IN, N-pair loss [II] and InfoNCE loss [II] are some of the approaches.
 SimCLR [I], MoCo [I] and CLIP [II] are representative works using variants of InfoNCE
 loss. All of these methods use cosine similarity as similarity metric.

#### 3 Method

#### 3.1 Framework Overview

141 Our framework can be decomposed into two main parts: auxiliary task branch and instance 142 keypoint branch. Given an input image, backbone network outputs feature  $f \in \mathbb{R}^{C,H,W}$ , 143 where H is height and W is width. Task-specific heads produce instance center heatmaps 144  $c \in \mathbb{R}^{1,H,W}$ , bounding box(bbox) predictions  $b \in \mathbb{R}^{4,H,W}$ , bottom-up keypoint heatmaps  $k^{bu} \in \mathbb{R}^{4,H,W}$  $\mathbb{R}^{K,H,W}$  and instance embedding map  $e \in \mathbb{R}^{D,H,W}$ . During inference, after detecting instances from the center map, instance embeddings p are sampled from backbone feature on respec-147 tive center coordinates. p are used as conditions for regressing instance-wise keypoints k in 148 the instance keypoint head, as proposed in [3]. We apply several modifications on the key-149 point head including Layer Normalization and Instance Normalization for stable learning.  $b, k^{bu}, e$  are not estimated during inference. 151

#### 3.2 Bbox Mask Loss for Spatial Richness

Existing instance representation learning methods such as Associative Embedding(AE) and CID's contrastive loss failed to handle multiple people in several aspects, leading to noisy results. First, existing methods only compare instance embeddings with ground-truth(GT) 156 instance locations, so they cannot produce push loss term when only one GT instance is 157 available for an image. Second, there are unlabeled instances in training datasets. Existing 158 works simply ignore these unlabeled instances, inducing additional noise during inference. 159 Third, the number of human instances per image in training datasets is too few to effectively 160 learn instance representation. For example, COCO train set has 2.6 people per image, 161 excluding labels with iscrowd=1. Similarly, CrowdPose trainval set has 4.2 people 162 per image.

To alleviate aforementioned challenges, inspired from weakly supervised instance segmentation method [56], we introduce spatially rich supervision using box annotation, called Bbox Mask Loss. It disambiguates each instance embedding from outside of the bounding box region, which can handle arbitrary unlabeled instances and background clutter. It applies soft masking on the inside of the bounding box based on embedding similarity, which is effective for disentangling features under heavy cross-instance occlusion cases. Moreover, it can produce push loss term even when only a single GT instance is available in an image, serving as a simple but effective negative sampling method.

Bbox Mask Loss incorporates multitude of push and pull loss terms, including in-box pull  $\mathcal{L}_{pull}^{in}$ , out-box push  $\mathcal{L}_{push}^{out}$ , and cross-instance push  $\mathcal{L}_{push}^{inst}$ . First, given a GT instance and corresponding bounding box with height *h* and width *w*, we compute pixel-wise embedding similarity between embedding map and the instance embedding as defined in Equation 1:

$$s_i^{(x,y)} = \Psi(d(e^{(x,y)}, p_i)), \quad (x,y) \in \mathcal{B}_i, \tag{1}$$

where *d* is a distance metric, and  $\psi$  is an inversion operator to convert the distance to similarity with [0,1] output range. From ablative experiment, as reported in Table 4, we find that L2 distance for *d* and Gaussian kernel for  $\psi$  outperforms cosine distance and cosine similarity.  $\mathcal{B}_i$  is a set of coordinates inside the box  $b_i$ , where i = 1, 2, ..., N. As a pulling term inside the box, we want the model to produce similar embeddings on the foreground region of the same person. To realize the objective, we compare the embedding sampled from the box center 183

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<sup>34</sup> with the mean instance embedding  $\bar{p}_i$ , as defined below:

 $\mathcal{L}_{pull}^{in} = \frac{d(p_i, \bar{p}_i)}{N}, \quad \bar{p}_i = \frac{\sum_{(x, y) \in \mathcal{B}_i} e^{(x, y)} s_i^{(x, y)}}{\sum_{(x, y) \in \mathcal{B}_i} s_i^{(x, y)}}$ (2)

In order to decouple the instance embedding from the background, we define the out-box push loss using out-box mean embedding  $p_i^{out}$ , as defined in Equation 3:

 $\mathcal{L}_{push}^{out} = d(p_i, p_i^{c_{out}}), \quad p_i^{c_{out}} = \frac{\sum_{(x,y) \in \mathcal{B}_i^c} e_{(x,y)}}{|\mathcal{B}_i^c|}$ 

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<sup>13</sup> Note that  $\mathcal{B}_i^c$  is a set of coordinates outside the *i*th bounding box.

Lastly, cross-instance push term compares instance embeddings retrieved from groundtruths, which is the same as the existing losses.

$$\mathcal{L}_{push}^{inst} = d(p_i, p_{j \neq i}) \tag{4}$$

#### **3.3** Auxiliary Tasks for Conceptual Richness

In order to encourage the features to have richer and more disentangled information for MPPE, we designed to incorporate multiple auxiliary tasks and instance representation learning in parallel. Our multi-task branch consists of shared layers and four separate regression heads, consisting of instance embedding, bottom-up keypoint, bounding box, and instance center.

We concurrently reduce dimensionality of the backbone feature and incorporate multiresolution shared feature representation based on ASPPv2 [2]. It resolves the problem of regressing globally consistent instance features. Original ASPPv2 module suffers from heavy computational cost during fusion among multiple resolution features. We alleviate this by further squeezing the output channel size of each multi-resolution feature to 128, and then apply fusion layer to obtain final feature with 256 channel size. This design reduces the number of trainable parameters of ASPP by 50%. This shared bottleneck module design helps to prevent auxiliary tasks from dominating over the primary task, by restricting the amount of information flow to auxiliary tasks.

Each regression head comprises with one residual block and one output convolution layer for sufficient capability of learning nonlinear feature transformation. In case of bounding box regression, we adopt anchor free method [13] for efficient training. Note that we do not use the bounding box head outputs during inference, and our bbox head serves as an efficient and informative auxiliary task head.

### <sup>219</sup> 3.4 Training Losses

In overall, we apply five loss functions: , instance-wise keypoint heatmap loss  $\mathcal{L}_{kpt}$ , center heatmap loss  $\mathcal{L}_{center}$ , bottom-up keypoint heatmap loss  $\mathcal{L}_{buk}$ , bounding box loss  $\mathcal{L}_{bbox}$ , and embedding loss  $\mathcal{L}_{emb}$ .

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$$\mathcal{L} = \mathcal{L}_{kpt} + \mathcal{L}_{center} + \mathcal{L}_{buk} + \mathcal{L}_{bbox} + \mathcal{L}_{emb}$$
(5)

Specifically, Focal loss [12], 12] is used for  $\mathcal{L}_{kpt}$ ,  $\mathcal{L}_{center}$  and  $\mathcal{L}_{buk}$ , while CIoU loss [12] is used for  $\mathcal{L}_{bbox}$ . For embedding loss, we use four loss terms as defined in Equation 2,3,4. We use AE loss for calculating respective terms.

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$$\mathcal{L}_{emb} = \mathcal{L}_{pull}^{in} + \mathcal{L}_{push}^{out} + \mathcal{L}_{push}^{inst} \tag{6}$$

(3)

Method	Backbone	Input size	AP	AP <sup>50</sup>	AP <sup>75</sup>	$AP^M$	$AP^L$	AR
Top-down methods								
SBL [57]	ResNet-152	384×288	73.7	91.9	81.1	70.3	80.0	-
HRNet [32]	HRNet-W32	384×288	74.9	92.5	82.8	71.3	80.9	-
Bottom-up methods								
HrHRNet [4]	HrHRNet-W32	512	66.4	87.5	72.8	61.2	74.2	-
DEKR 🖸	HRNet-W32	512	67.3	87.9	74.1	61.5	76.1	72.4
SWAHR [🛄]	HrHRNet-W32	512	67.9	88.9	74.5	62.4	75.5	-
Single stage methods								
FCPose [20]	ResNet-101+FPN	800	65.6	87.9	72.6	62.1	72.3	-
PETR [🛄]	ResNet-101	800	68.5	90.3	76.5	62.5	77.0	-
ED-Pose [🛂]	ResNet-50	800	69.8	90.2	77.2	64.3	77.4	-
CID [🛂]	HRNet-W32	512	68.9	89.9	76.0	63.2	77.7	74.6
CID 🖸	HRNet-W48	640	70.7	90.3	77.9	66.3	77.8	76.4
BoIR	HRNet-W32	512	69.5	90.4	76.9	64.2	77.3	75.3
BoIR	HRNet-W48	640	71.2	90.8	78.6	67.0	77.6	77.1

 Table 1: Comparison with state-of-the-art methods on COCO test-dev set. Best scores 246

 are marked as bold for small(e.g. HRNet-W32) and large(e.g. HRNet-W48) models respectively.

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Method	Backbone	Input size	AP	AP <sup>50</sup>	AP <sup>75</sup>	$AP^E$	$AP^M$	$AP^H$	252
		Top-down n	hethods						253
SBL [57]	ResNet-101	-	60.8	81.4	65.7	71.4	61.2	51.2	254
SPPE [	ResNet-101	$320 \times 256$	66.0	84.2	71.5	75.5	66.3	57.4	25
	·	Bottom-up r	nethods	5					256
HrHRNet [	HrHRNet-W48	640	65.9	86.4	70.6	73.3	66.5	57.9	25
DEKR [6]	HrHRNet-W32	512	65.7	85.7	70.4	73.0	66.4	57.5	258
SWAHR [	HrHRNet-W48	640	71.6	88.5	77.6	78.9	72.4	63.0	25
Single stage methods								26	
PETR [29]	Swin-L	800	71.6	90.4	78.3	77.3	72.0	65.8	26
ED-Pose 🛄	ResNet-50	800	69.9	88.6	75.8	77.7	70.6	60.9	26
CID 🖸	HRNet-W32	512	71.3	90.6	76.6	77.4	72.1	63.9	26
CID [ 🖸	HRNet-W48	640	72.3	90.8	77.9	78.7	73.0	64.8	26
BoIR	HRNet-W32	512	70.6	89.9	76.5	77.1	71.2	63.0	26
BoIR	HRNet-W48	640	71.2	90.3	76.7	77.8	71.8	63.5	26
BoIR*	HRNet-W32	512	75.8	92.2	82.3	82.3	76.5	67.5	26
BoIR*	HRNet-W48	640	77.2	92.4	83.5	82.7	78.1	69.8	26

Table 2: Comparison with state-of-the-art methods on CrowdPose test set. Best scores 269are marked as bold for small(e.g. HRNet-W32) and large(e.g. HRNet-W48) models respec- 270tively. Models with \* are trained on COCO and finetuned on CrowdPose.271

276	Method	Backbone	COCO val		OCHuman val		OCHuman test	
277	Wiethou	Dackbolle	AP	AR	AP	AR	AP	AR
278	DEKR [	HRNet-W32	68.0	73.0	37.9	-	36.5	-
279	DEKR [🖪]	HRNet-W48	71.0	76.0	-	-	-	-
280	CID [34]	HRNet-W32	69.8	75.4	44.9	-	44.0	-
281	CID [ 🖾 ]	HRNet-W48	-	-	46.1	-	45.0	-
282	BoIR	HRNet-W32	70.6	76.3	47.4	80.1	47.0	80.3
283	BoIR	HRNet-W48	72.5	78.3	49.4	80.8	48.5	80.7

Table 3: Comparison with state-of-the-art methods on COCO val and OCHuman val, test set. OCHuman performance is evaluated with COCO pretrained model without finetuning.

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#### **4** Experiments

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#### 291 4.1 Datasets and Evaluation Metrics

COCO Keypoint 2017. [1] It comprises train(57K images), val(5K images), and test dev(20K images) splits, annotated with 17 keypoints. We use train split for training, and
 val split for hyperparameter tuning.

CrowdPose. [II] It consists of 20K images and 80K instances, annotated with 14 keypoints.
Following the evaluation protocol of [I], we use trainval split(12K images, 43.4K instances)
for training and test split(8K images, 29K instances) for evaluation.

**OCHuman.** [1] OCHuman dataset is targeted for evaluation on crowded scenes with extreme conditions. 2,500 images are for val set, and 2,231 images are for test set. We evaluate our method following [1], [2].

**Evaluation metrics.** We follow COCO evaluation protocol, where AP(Average Precision) and AR(Average Recall) are computed based on OKS(Object Keypoint Similarity) with varying thresholds, including AP(averaged AP),  $AP^{50}(AP \text{ at OKS=0.5})$ , and  $AP^{75}(AP \text{ at OKS=0.75})$ . In case of CrowdPose, we additionally report metrics based on crowd index, including  $AP^{E}(easy)$ ,  $AP^{M}(medium)$ , and  $AP^{H}(hard)$ .

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#### 7 4.2 Implementation Details

Our implementation is based on [52]. We use HRNet-W32 and HRNet-W48 as backbone networks, and perform hyperparameter tuning with COCO val set results. We apply 310 AdamW optimizer with initial learning rate 1.0e-3, weight decay 1.0e-2 and cosine learn-311 ing rate scheduler with 10 warmup epochs, following [12]. For COCO, we train the model 312 for 140 epochs on 4 GPUs(RTX 3090 for HRNet-W32 backbone, A6000 for HRNet-W48 313 backbone) with AMP, where 20 batch size is used for each device. For CrowdPose, similar 314 to [3], we train the model for 310 epochs when training from scratch, while 100 epochs 315 with 1 warmup epoch is applied for transfer learning. Following [2, 3, 52], we apply single 316 scale test with flipping.

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#### **4.3** Comparison with State-of-the-arts

**COCO Dataset Results.** We report COCO val results in Table 3, and test-dev results in Table 1. Our method outperforms existing state-of-the-art under the same or similar back-

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Bbox Mask Loss	Bbox Head	AP		Emb Lass	Dist Matria	AD	322
		69.6	1	EIIID. LOSS	Dist. Metric	AP	202
(		70.2		Contrastive	cosine	70.3	523
v v	1	70.2		Contrastive	L2	70.2	324
	√	70.4		AE	L2	70.6	325
$\checkmark$	√	70.6				, 0.0	326

Table 4: Left: Ablation study of Bbox Mask Loss and bounding box regression head on327COCO val set. Right: Ablation study of embedding loss function and distance metric on328COCO val set, where Bbox Mask Loss and bbox head are used.329

Method	Backbone	Params(M)	GFLOPs	Time(ms)	AP
CID	HRNet-W32	29.3	42.8	86.7	69.8
CID	HRNet-W48	65.4	-	-	-
ED-Pose	ResNet-50	47.9	187.5	113.9	71.6
ED-Pose	Swin-L	218.8	2,615	272.1	74.3
BoIR	HRNet-W32	31.8	83.4	110.6	70.6
BoIR	HRNet-W48	68.9	227.7	167.3	72.5

Table 5: Computational cost comparison on COCO val set. Inference time is measured338with single RTX 3090 and 1 batch size.339

bone. Our method with HRNet-W32 backbone outperforms CID by 0.8 AP on val and 342 0.6 AP on test-dev. Similarly, we achieve 0.5 AP improvement on test-dev with 343 HRNet-W48 backbone. 344

**CrowdPose Dataset Results.** We compare other methods on CrowdPose test in Table 2. 345 BoIR is second best among state-of-the-art methods. Nontheless, our method suffers from 346 performance drop by 0.7 AP on HRNet-W32 backbone and 1.1 AP on HRNet-W48 backbone. We speculate that as the model size increases, the model suffers from insufficient 348 amount of training data on CrowdPose, as the performance difference between CID and ED-Pose on CrowdPose is also reversed on COCO. To validate the hypothesis, we introduce 350 finetuning on CrowdPose using the model weights trained on COCO train set. Finetuning 351 strategy is proven to be far more effective, surpassing existing state-of-the-art by 4.5 AP with HRNet-W32 backbone, and 4.9 AP with HRNet-W48 backbone.

**OCHuman Results.** Comparison on OCHuman is summarized in Table 3. Following the protocol in [III], we evaluate the model trained on COCO without finetuning on OCHuman. BoIR outperforms comparative methods on both val and test set by large margin. Therefore, our instance representation learning is effective especially for crowded scenes.

#### 4.4 Ablation Study

We conduct ablative experiment as demonstrated in Table 4. Effectiveness of Bbox Mask Loss and Bbox Head is validated by enumerating four possible combinations, and the result shows that our proposed methods are useful. We additionally conduct ablative experiment on embedding losses and distance metrics. AE loss turns out to be superior than Contrastive loss. We hypothesize that L2 distance with Gaussian kernel used in AE loss is better suited for keypoint evaluation criteria, as claimed in [22]. We also extensively compare computational cost in Table 5. Our method manages to keep the computational cost within reasonable extent, compared to ED-Pose. For qualitative and visual analysis, we compare our method 367



Figure 2: Qualitative results of our method. Left image is from COCO val set, and right image is from CrowdPose test set.

t-SNE is applied on the output backbone feature for 250 iterations with 3 output dimension per pixel, which directly corresponds to normalized RGB value.

with CID in Fig. 2. Our method better disentangles features by instances, effectively han-dling background noise and inter-person occlusion.

#### <sup>394</sup> 395 **5** Conclusion

This paper proposes a new multi-person pose estimation method using bounding box-supervised 397 instance representation learning, called BoIR. It provides rich spatial supervision, utilizing embedding similarity as a soft mask for positive sampling, and the background region as a negative sample. It also incorporates auxiliary tasks for conceptually richer representation 400 learning, without additional computation cost during inference. Our instance embedding can 401 effectively disentangle instances in crowded scenes, surpassing comparable state-of-the-art 402 methods on multiple human pose estimation benchmarks. Despite notable performance im-403 provement with transfer learning, effective representation learning on small training data is a 404 remaining issue, and we plan to mitigate the limitation as a future work. We hope BoIR can 405 motivate further instance representation learning methods for multi-person pose estimation. 406

### <sup>408</sup><sub>409</sub> **References**

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