

## Cathepsin S contributes to lung inflammation in acute respiratory distress syndrome

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1 **Cathepsin S contributes to lung inflammation in**  
2 **acute respiratory distress syndrome**

3  
4 Michael C. McKelvey<sup>1</sup>, Anthony A. Abladey<sup>1</sup>, Donna M. Small<sup>1</sup>, Declan F. Doherty<sup>1</sup>, Richard  
5 Williams<sup>2</sup>, Aaron Scott<sup>3</sup>, C. Arnold Spek<sup>4</sup>, Keren S. Borensztajn<sup>5#</sup>, Cecilia M. O’Kane<sup>6</sup>, Daniel F.  
6 McAuley<sup>6</sup>, Clifford C. Taggart<sup>1\*</sup>, Sinéad Weldon<sup>1</sup>

7  
8 <sup>1</sup>Airway Innate Immunity Research (AiiR) Group, Wellcome-Wolfson Institute for Experimental  
9 Medicine, Queen’s University Belfast, Northern Ireland, U.K. <sup>2</sup>Patrick G Johnston Centre for  
10 Cancer Research, Queen’s University Belfast, Northern Ireland, U.K. <sup>3</sup>Centre for Translational  
11 Inflammation Research, University of Birmingham, England, U.K. <sup>4</sup>Center of Experimental and  
12 Molecular Medicine, Amsterdam UMC, University of Amsterdam, Amsterdam, the Netherlands.  
13 <sup>5</sup>INSERM UMRS\_933, Université Pierre et Marie Curie, Hôpital Trousseau, Paris 75012, France.  
14 <sup>6</sup>Wellcome-Wolfson Institute for Experimental Medicine, Queen’s University Belfast, Northern  
15 Ireland, U.K.

16 **#In memory of Dr Keren Borensztajn**

17  
18 **Corresponding author:** \*Clifford C. Taggart, Airway Innate Immunity Research (AiiR) Group,  
19 Wellcome-Wolfson Institute for Experimental Medicine, Queen’s University Belfast, 97 Lisburn  
20 Road, Belfast BT9 7BL, Northern Ireland, U.K. Telephone: 00442890976383; Email:  
21 c.taggart@qub.ac.uk.

22

23 **Author Contributions:** CCT and SW conceived of and designed experiments; MCM, AAA,  
24 DMS, DFD and AS performed experiments; RW, CAS, KSB, DFM and CMO provided samples  
25 and/or reagents and designed experiments; MCM, AAA, CCT and SW analysed the data; MCM,  
26 AAA, CCT and SW wrote the manuscript; all authors contributed to the editing and approval of  
27 the final manuscript.

28

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40

41 **Abstract**

42 **Rationale:** Although the cysteine protease cathepsin S has been implicated in the pathogenesis of  
43 a number of inflammatory lung diseases, its role has not been examined in the context of acute  
44 respiratory distress syndrome, a condition which still lacks specific and effective pharmacological  
45 treatments.

46 **Objectives:** Characterize the status of cathepsin S in acute lung inflammation and examine the  
47 role of cathepsin S in disease pathogenesis.

48 **Methods:** Human and mouse model bronchoalveolar lavage fluid samples were analyzed for the  
49 presence and activity of cathepsin S and its endogenous inhibitors. Recombinant cathepsin S was  
50 instilled directly into the lungs of mice. The effects of cathepsin S knockout and pharmacological  
51 inhibition were examined in two models of acute lung injury. Protease-activated receptor-1  
52 antagonism was used to test a possible mechanism for cathepsin S-mediated inflammation.

53 **Measurements and Main Results:** Pulmonary cathepsin S levels and activity were elevated in  
54 acute respiratory distress syndrome, a phenotype possibly exacerbated by the loss of the  
55 endogenous antiprotease, cystatin SN. Direct cathepsin S instillation into the lungs induced key  
56 pathologies of acute respiratory distress syndrome including neutrophilia and alveolar leakage.  
57 Conversely, in murine models of acute lung injury, genetic knockdown and prophylactic or  
58 therapeutic inhibition of cathepsin S reduced neutrophil recruitment and protein leakage.  
59 Cathepsin S may partly mediate its pathogenic effects via protease-activated receptor-1, as  
60 antagonism of this receptor abrogated cathepsin S-induced airway inflammation.

61 **Conclusions:** Cathepsin S contributes to acute lung injury and may represent a novel therapeutic  
62 target for acute respiratory distress syndrome.

63

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66 **Introduction**

67 Acute respiratory distress syndrome (ARDS) is characterised by the flooding of the alveoli with  
68 protein- and leukocyte-rich oedema as a result of a direct injury to the lung, such as pneumonia or  
69 acid aspiration, or a systemic inflammatory response causing indirect lung injury, such as in sepsis  
70 (1). With a mortality rate between 30-50 % and no specific pharmacological therapies available,  
71 novel therapeutic approaches are required to improve outcomes in patients with ARDS (2, 3).

72

73 Neutrophils are the first leukocytes recruited to sites of injury and inflammation in response to  
74 chemotactic factors released by activated macrophages and epithelial and endothelial cells (4–6).  
75 Despite being the first line of defence against pathogens, uncontrolled neutrophil recruitment and  
76 activation can lead to bystander tissue damage and additional loss of lung function (7, 8).  
77 Bronchoalveolar lavage fluid (BALF) from patients with ARDS is chemotactic for human  
78 neutrophils, with a potential role for the chemokines CXCL8, CCL2 and CCL7 (9, 10). Neutrophil  
79 counts in BALF from patients with ARDS positively correlated with disease severity and poor  
80 outcome (8, 11–13). In addition, a number of animal models of acute lung injury have  
81 demonstrated a neutrophil-dependent pathogenesis (14, 15). With an important role for neutrophils  
82 in at least a subset of patients with ARDS, neutrophil products such as the serine protease  
83 neutrophil elastase (NE) have been investigated as potential therapeutic targets. Samples from  
84 patients with ARDS have elevated NE proteolytic activity (16, 17) and the potential role for  
85 pathogenic proteolysis has been investigated in ARDS. However, NE inhibitor therapy has not  
86 consistently proven effective and other protease targets warrant investigation (18, 19).

87

88 Cathepsin S (CTSS) is a lysosomal and extracellular cysteine protease that is abundantly expressed  
89 in antigen presenting cells, including macrophages and dendritic cells, as well as airway epithelial  
90 cells, neutrophils and B cells (20–22). The localization of CTSS, coupled with broad substrate  
91 specificity, suggests an important role for this protease in the immune response (23, 24). CTSS  
92 upregulation in response to inflammatory stimuli may have a direct influence on immune cell  
93 responses, particularly those involved in antigen presentation through the major histocompatibility  
94 complex (MHC) class II. Cleavage of the invariant chain (Ii), a type II transmembrane  
95 glycoprotein, by CTSS is an integral part of exogenous antigen presentation through MHC class  
96 II complexes (21). The aberrant expression and activity of CTSS has been implicated in the  
97 pathogenesis of a number of conditions including cardiovascular disease, cancer, rheumatoid  
98 arthritis and a number of pulmonary diseases (25, 26).

99

100 CTSS, along with cathepsins B and L are upregulated in the lungs of patients with cystic fibrosis  
101 (CF) (21, 27, 28). Small *et al.* demonstrated that CTSS contributes to neutrophilic pulmonary  
102 inflammation and mucus plugging in CF-like lung disease, mediated at least in part through  
103 activation of protease-activated receptor (PAR)-2 (29). CTSS has also been shown to be  
104 upregulated in the lungs of patients with chronic obstructive pulmonary disease and in response to  
105 cigarette smoke *in vivo* (30–32). However, the status and role of CTSS in ARDS has not been  
106 evaluated in detail. In this study, we demonstrate elevated CTSS levels and activity in the lungs of  
107 patients with ARDS and that this increase in activity coincides with the loss of the potent CTSS  
108 inhibitor, cystatin SN. In addition, elevated CTSS activity was implicated in neutrophil recruitment  
109 to the lungs, a process mediated at least in part via activation of PAR-1. Therefore, these results

110 suggest that CTSS plays a role in neutrophil recruitment to the acutely inflamed lung, making it a  
111 potential therapeutic target for ARDS.

112

## 113 **Results**

### 114 **Cathepsin S activity in patients with ARDS and in models of acute lung injury**

115 The status of CTSS in ARDS was determined by assessing CTSS protein levels and activity in  
116 BALF samples from patients with ARDS, healthy volunteers who received nebulised  
117 lipopolysaccharide (LPS) and healthy control volunteers. CTSS levels and activity were  
118 significantly increased in patients with ARDS (*Figure 1a,b*), a finding that was verified by  
119 Western blot (*Figure 1c*). Mature CTSS (approximately 25 kDa) along with bands analogous to  
120 the precursor form of CTSS (approximately 37 kDa) were detected. This finding translated into a  
121 murine model of LPS-induced acute lung injury, in which CTSS activity was significantly  
122 increased in BALF from LPS-instilled mice compared to controls (*Figure 1d*). This finding was  
123 accompanied by increased levels of both precursor and mature CTSS protein in murine BALF  
124 when analysed by western blot (*Figure 1e*). These data provide evidence for the presence of  
125 elevated pulmonary CTSS activity in patients and *in vivo* models of ARDS.

126

### 127 **The cysteine protease-antiprotease imbalance in ARDS**

128 As elevated CTSS activity was detected in patients with ARDS, we assessed the protease-  
129 antiprotease hypothesis in ARDS as an explanation for this observation. Dysregulation of the  
130 canonical extracellular cathepsin inhibitor cystatin C (23, 33) was considered the most likely cause  
131 of elevated CTSS activity. Although recent work identified a strong association between mortality  
132 and elevated plasma cystatin C measured early in the course of ARDS (34), its status in the lungs



133 of ARDS patients is unknown. We found that the ratio of BALF CTSS:cystatin C was unchanged  
134 between healthy and ARDS (data not shown) and therefore we turned our attention to other  
135 extracellular cystatins. Relatively little is known about the status of these antiproteases in the  
136 inflamed lung, especially the so-called ‘salivary’ or SD-type cystatins (35). A preliminary screen  
137 of BALF samples from healthy volunteers and patients with ARDS for cystatins S, SA, SN and D  
138 revealed that these SD-type cystatins were not detectable in samples from patients with ARDS  
139 compared to healthy controls (*see Figure E1 in the online data supplement*).

140  
141 Reported as the most potent SD-type cystatin, altered expression of cystatin SN has been reported  
142 in lung fibrosis, pneumonitis and allergic rhinitis (36–38). Expression of cystatin SN is thought to  
143 be highly localised to the oral and nasal epithelium, along with the epithelium of the upper  
144 respiratory tract (39, 40). Furthermore, there is evidence that cystatin SN may be differentially  
145 regulated by inflammatory mediators (40). Cystatin SN levels were significantly reduced in BALF  
146 from patients with ARDS and in LPS volunteers compared to healthy controls (*Figure 2a,c*).  
147 Consequently, a CTSS:cystatin SN ratio in favour of CTSS was identified in ARDS and in the  
148 human LPS model (*Figure 2b*). Cystatin SN has been reported to inhibit cathepsin B and papain  
149 (41), but has not previously been reported as a CTSS inhibitor. The ability of cystatin SN to inhibit  
150 CTSS was assessed, and the results indicate that cystatin SN is a potent, tight-binding, reversible  
151 inhibitor of CTSS *in vitro* with a  $K_i$  in the nanomolar range (*Figure 2d*).

152  
153 As elevated CTSS activity and a deficiency of cysteine antiproteases were characteristic features  
154 of ARDS, we investigated the effects of introducing exogenous cystatin SN into the murine LPS

155 model. Cystatin SN treatment significantly decreased LPS-induced total cell and neutrophil  
156 recruitment to the lung (**Figure 2e,f**).

157

### 158 **The pro-inflammatory role of pulmonary cathepsin S *in vivo***

159 To characterize the effects of active pulmonary CTSS *in vivo*, recombinant CTSS or buffer control  
160 was administered via intratracheal instillation into the lungs of mice. Intratracheal instillation of  
161 CTSS produced a dose-dependent inflammatory response, resulting in total cell and neutrophil  
162 infiltration into the lungs (**Figure 3a,b**) in agreement with previous work (29). Alveolar leakage  
163 (as measured by BALF protein) was significantly increased in mice that received CTSS compared  
164 to controls (**Figure 3c**). The pro-inflammatory cytokines IL-6 and KC were also increased in a  
165 dose-dependent manner in CTSS-instilled mice (**Figure 3d,e**). These data showed that active,  
166 pulmonary CTSS recapitulated hallmarks of ARDS *in vivo*.

167

168 Having established that CTSS was elevated and active in a well-established mouse model of acute  
169 lung injury, and that direct instillation of CTSS resulted in acute lung inflammation, the role of  
170 CTSS in the pathogenesis of LPS-induced pulmonary inflammation was investigated using CTSS  
171 knockout (CTSS<sup>-/-</sup>) mice. Total inflammatory cell and neutrophil infiltration into the lungs were  
172 significantly reduced in CTSS<sup>-/-</sup> mice compared to wild-type (WT) mice receiving LPS (**Figure**  
173 **4a,b**). These findings were accompanied by a significant decrease in BALF total protein and the  
174 neutrophil chemoattractant KC in CTSS<sup>-/-</sup> mice (**Figure 4c,d**). These data provide further evidence  
175 to support the hypothesis that CTSS plays an important role in mediating LPS-induced acute lung  
176 injury *in vivo*.

177

178 **Pharmacological targeting of cathepsin S *in vivo***

179 We next investigated the therapeutic potential of a small molecule reversible inhibitor of CTSS  
180 (I.6) (42) on LPS-induced pulmonary inflammation. Similar to CTSS<sup>-/-</sup> mice, significant reductions  
181 in total cell and neutrophil counts were observed in mice pre-treated with I.6 compared to vehicle  
182 control (**Figure 5a,b**). Furthermore, prophylactic CTSS inhibition reduced BALF total protein and  
183 KC levels (**Figure 5c,d**).

184

185 Since ARDS has diverse aetiologies including both direct and indirect injuries, we investigated  
186 whether CTSS inhibition would also alter measures of inflammation in an indirect model of  
187 ARDS; the caecal ligation and puncture (CLP) model of polymicrobial sepsis-induced ARDS.  
188 Treatment with I.6 significantly reduced total cell and neutrophil counts in peritoneal lavage fluid  
189 (PLF) (**Figure 6a-d**). Within the lung, I.6 treatment had no significant effect on the number of  
190 cells, however, there were significant changes in the cellular composition of BALF with a decrease  
191 in the percentage of neutrophils and a concomitant increase in monocytic cells in the I.6-treated  
192 group (**Figure 6e-h**). These changes were accompanied by reductions in the inflammatory  
193 cytokines KC and IL-6 (**Figure 6i,j**). Overall, these results indicate that prophylactic  
194 pharmacological inhibition of CTSS with a small molecule inhibitor protects against inflammation  
195 in direct and indirect lung injury models of ARDS.

196

197 Next, to establish whether CTSS inhibition could also effectively reduce inflammation when  
198 administered at a later time-point, a therapeutic dosing strategy was tested in the LPS model. In  
199 this study, the CTSS inhibitor I.6 was administered two hours post-LPS and significant reductions  
200 in BALF total and neutrophil cell counts, protein and KC levels were observed (**Figure 7**).

201

## 202 **The role of protease-activated receptor-1 in CTSS-induced inflammation**

203 Our group (29) and others (43) have previously highlighted a role for PAR-2 in CTSS-mediated  
204 signalling. However, bacterial cysteine proteases and several human non-cysteine proteases have  
205 also been shown to activate PAR-1 (44), which has previously been implicated in acute lung  
206 inflammation (45, 46). To explore whether PAR-1 plays a role in CTSS-induced inflammation *in*  
207 *vitro*, human macrophage-like cells derived from THP-1 monocytes were treated with recombinant  
208 CTSS. As had been observed during *in vivo* CTSS instillations, CTSS induced the release of  
209 neutrophilic cytokines including IL-8 and CXCL1 from these cells (**Figure 8a,b**). However, when  
210 the synthetic PAR-1 antagonist SCH-530358 was added to cells concomitantly with CTSS, these  
211 cytokine responses were significantly decreased. To consolidate this finding *in vivo*, mice were  
212 treated with SCH-530358 30 min before intratracheal CTSS instillation. Administration of SCH-  
213 530358 significantly reduced CTSS-induced BALF total cell and neutrophil infiltration as well as  
214 total protein and KC levels (**Figure 8c-f**).

215

216 To investigate whether the reduced LPS-induced inflammation observed in our previous studies  
217 where CTSS was knocked down could be due to diminished PAR-1 activation, PAR-1 knockout  
218 (PAR-1<sup>-/-</sup>) mice were treated with I.6 using the same prophylactic dosing strategy previously used  
219 in WT mice (**Figure 7**). In PAR-1<sup>-/-</sup> mice that received LPS the protective effects of I.6 were lost  
220 (**Figure 9**). In this model, CTSS inhibitor treatment had no significant effect on total cell or  
221 neutrophils counts, suggesting that CTSS-mediated PAR-1 activation is an important part of  
222 neutrophil recruitment in this model (**Figure 9a,b**). PAR-1<sup>-/-</sup> mice treated with I.6 also did not

223 show decreased BALF protein or IL-6 (**Figure 9c,d**). Taken together, these findings suggest an  
224 important role for PAR-1 in CTSS-mediated pathology in ARDS-like disease.

225

## 226 **Discussion**

227 In this study, we have demonstrated that CTSS is elevated in the lungs of patients with ARDS and  
228 in *in vivo* models of ARDS. Furthermore, a quantitative imbalance between CTSS and a newly  
229 identified CTSS inhibitor, cystatin SN, in patients with ARDS was identified. Active CTSS  
230 instilled into the lungs produced typical symptoms of ARDS in mice, namely pulmonary  
231 neutrophilia, alveolar-capillary leakage and increased levels of potent neutrophil chemoattractants.  
232 We also show that PAR-1 antagonism significantly abrogated CTSS-induced inflammation *in vitro*  
233 and *in vivo*. Targeting of CTSS limited neutrophilic inflammation in both direct and indirect  
234 murine models of ARDS. The protective effects of CTSS inhibition were not replicated in PAR-  
235 1<sup>-/-</sup> mice, suggesting that the pathogenic effects of CTSS may be mediated, at least in part, through  
236 PAR-1. To our knowledge, this is the first study to comprehensively investigate CTSS in the  
237 acutely inflamed lung.

238

239 Proteases play key roles in pulmonary health and disease, fulfilling basic homeostatic roles and  
240 regulating regeneration and repair processes within the healthy lung (47). Previous studies have  
241 reported that an imbalance between proteases and their physiological inhibitors can lead to the  
242 destruction of lung parenchyma and leakage of protein-rich fluid into alveolar spaces and  
243 interstitium, which is critical in the instigation and propagation of ARDS (48). In the context of  
244 ARDS, the deficiency of endogenous protease inhibitors, such as cystatin SN, may lead to a  
245 protease-antiprotease imbalance that favours inflammatory and injurious proteolytic activity. As

246 mice do not express any of the SD-type cystatins, cystatin SN downregulation was not a feature of  
247 the murine model of ARDS and as such could not be examined *in vivo*. However, treating mice  
248 with recombinant cystatin SN did show some protective effects, particularly in limiting LPS-  
249 induced neutrophil recruitment, suggesting that the loss of cystatin SN in human ARDS may  
250 accentuate the neutrophilic response. The causes of cystatin SN deficiency in human ARDS are  
251 unknown, although IL-17A, an important cytokine in ARDS (49), has been shown to repress  
252 cystatin SN expression in neutrophil-infiltrated nasal polyps, suggesting that a pro-inflammatory  
253 environment may downregulate this antiprotease (40).

254  
255 Our finding that dysregulated CTSS activity is a feature of the ARDS lung and the lungs of ARDS  
256 models led us to investigate whether pulmonary instillation of CTSS was damaging and produced  
257 traits of ARDS *in vivo*. Indeed, a significant increase in neutrophil recruitment and protein levels,  
258 along with elevated cytokine levels were observed following CTSS instillation, in agreement with  
259 previous findings (29, 50), indicating that CTSS can induce typical features of acute lung  
260 inflammation (51). CTSS has previously been shown to activate PAR-2 (43), thereby upregulating  
261 expression of pro-inflammatory cytokines and inducing pain and itch responses (50, 52, 53).  
262 However, there is no evidence linking CTSS to PAR-1 activation in the existing literature. The  
263 role of PAR-1 in experimental models of ARDS has previously been highlighted, with PAR-1  
264 signalling reported to influence key features of ARDS including neutrophil recruitment, alveolar-  
265 capillary leakage and fibrosis in LPS-, acute infection- and bleomycin-induced murine lung injury  
266 models (45, 46, 54). Based on these observations, we hypothesized that PAR-1 plays a role in  
267 modulating the immune response during CTSS-induced acute lung inflammation. The data from  
268 this study showed that CTSS-induced lung inflammation was attenuated by a specific PAR-1

269 antagonist and that PAR-1<sup>-/-</sup> mice received no additional benefit from treatment with a CTSS  
270 inhibitor, unlike their WT counterparts. Although we show clear evidence of CTSS-induced  
271 activation of PAR-1, it is not clear if that activation step occurs directly, or indirectly via another  
272 protease, as has been shown in previous studies (55, 56).

273  
274 The use of synthetic CTSS inhibitors in our studies demonstrated that both prophylactic and  
275 therapeutic inhibition had beneficial effects on key readouts of injury and inflammation in  
276 preclinical models of ARDS. The case for the use of such inhibitors is strengthened by the  
277 discovery that endogenous cysteine protease inhibitors are lost in ARDS. Although we explored a  
278 PAR-1 mediated pathway of CTSS-induced inflammation, more work is required to understand  
279 other pathways modulated by CTSS to account for the residual inflammation that is present  
280 following PAR-1 antagonism (*Figure 8*). Furthermore, it is not yet clear which LPS-mediated  
281 signalling pathways are affected by CTSS inhibition. Even a relatively simple model of ARDS,  
282 such as the intratracheal LPS model, activates numerous pathways (57) and future work should  
283 explore which of these pathways are affected by CTSS inhibition, resulting in an abrogated  
284 phenotype.

285  
286 A number of pre-clinical studies have demonstrated a beneficial role for the inhibition of CTSS in  
287 various inflammatory diseases (25, 26, 58). The use of protease inhibitors in the treatment of  
288 pulmonary disease is a promising therapeutic strategy primarily aimed at attenuating lung tissue  
289 destruction. For instance, recent evidence has shown that  $\alpha_1$ -antitrypsin augmentation therapy  
290 slows the progression of emphysema in patients with  $\alpha_1$ -antitrypsin-deficiency (59). The present  
291 work demonstrates that CTSS also has roles in the setting of acute lung injury, such as that seen in

292 ARDS. Given the availability of clinical grade CTSS inhibitors, and the evidence from this study  
293 indicating a role for CTSS in ARDS disease pathogenesis, CTSS inhibitors may offer a novel  
294 therapeutic approach for prevention and management of excessive neutrophilic inflammation  
295 associated with ARDS.



296 **Methods**

297 **Human samples**

298 Cathepsin S and cystatins were evaluated in BALF samples obtained from several clinical trials.  
299 Samples from patients within 48 h of ARDS onset were collected as part of the  
300 Hydroxymethylglutaryl-CoA reductase inhibition with simvastatin in Acute lung injury to Reduce  
301 Pulmonary dysfunction (HARP) study (ISRCTN70127774) (60). BALF samples were collected  
302 from healthy volunteers 6 h after receiving 50 µg nebulised LPS (*Escherichia coli* serotype  
303 026:B6, Sigma-Aldrich, Dorset, UK) as part of NCT01659307 (the effect of Aspirin on REducing  
304 iNflammation in human in vivo model of Acute lung injury (ARENA)) (61). Ethical approval for  
305 the use of samples from the HARP and ARENA studies as control samples was granted by the  
306 local institution and the local research ethics committee (06/NIR02/77, 12/NI/0082, respectively).  
307 Samples were collected from healthy volunteers who did not receive LPS under the Office for  
308 Research Ethics Committees Northern Ireland ethical approval study number 08/NIR02/46 (62).

309

310 **Animals**

311 All experimentation was carried out in accordance with the Animal (Scientific Procedures) Act  
312 1986 and current guidelines approved by the Queen's University Belfast Ethical Review  
313 Committee and the University of Birmingham Animal Welfare and Ethical Review Body.  
314 Full details of the animals used in this study and the in vivo experiments conducted can be found  
315 in the **Supplementary Methods**.

316

317

318

319 **Protein analysis**

320 ELISAs were performed as per the manufacturer's instructions: murine IL-6 and KC (R&D  
321 Systems, Abingdon, UK); human cystatin SN (RayBiotech, Georgia, USA); human total CTSS,  
322 IL-8 and CXCL1 (R&D Systems, Abingdon, UK). Samples below the lower limit of detection of  
323 an assay were arbitrarily assigned a value of half the lower limit of detection, in order to minimise  
324 the difficulties associated with statistical analysis of zero values, as previously described (63).  
325 Total protein concentrations were determined using the BCA method (Pierce BCA Assay, Thermo  
326 Scientific) as per the manufacturer's instructions.

327

328 **THP-1 experiments**

329 Full details can be found in the **Supplementary Methods**. Briefly, THP-1 monocytes  
330 differentiated into macrophage-like cells by incubation with phorbol-12-myristate-13-acetate  
331 (PMA, Sigma-Aldrich, Dorset, UK) were stimulated with 1 µg/mL recombinant human CTSS  
332 (Merck-Millipore, Hertfordshire, UK) for 24 h in the presence or absence of the PAR-1 antagonist  
333 SCH-530348 (Axon Medchem, Groningen, Netherlands) at a concentration of 10 µM.

334

335 **Calculating  $K_i$  and  $IC_{50}$  for CTSS inhibitors**

336 Full details can be found in the **Supplementary Methods**. Briefly, a range of concentrations of  
337 recombinant cystatin SN (R&D Systems, Abingdon, UK) were incubated with recombinant CTSS  
338 (Merck-Millipore, Hertfordshire, UK) and proteolytic degradation of Z-FR-AMC fluorogenic  
339 substrate (Enzo Life Sciences, Exeter, UK) was measured using a BioTek Synergy HT plate reader  
340 (BioTek, Swindon, UK).  $\Delta$ RFU was then converted into µM AMC released by calibration with an  
341 AMC standard curve and the rate of product formation ( $v$ ) was calculated. The reciprocal of this

342 unit of velocity ( $1/v$ ) was plotted against the concentration of inhibitor used ( $[i]$ ), forming a Dixon  
343 plot (64, 65) from which  $K_i$  and  $IC_{50}$  were determined.

344

### 345 **SDS-PAGE and Western blotting**

346 BALF samples were separated on 15 % SDS-PAGE gels and transferred onto nitrocellulose  
347 membranes (GE Healthcare, Buckinghamshire, UK). Membranes were blocked with 5 % non-fat  
348 milk in PBS-Tween20 (0.05 %) and incubated with anti-CTSS (AF1183, R&D Systems), anti-  
349 cystatin SN (AF1285, R&D Systems), anti-cystatin S (AF1296, R&D Systems), anti-cystatin D  
350 (AF1202, R&D Systems), anti-cystatin SA (MAB1201, R&D Systems) antibodies overnight at 4  
351 °C. Binding was detected using the appropriate horseradish peroxidase-conjugated secondary  
352 antibodies and visualized by chemiluminescence (PerkinElmer, Coventry, UK) using the Syngene  
353 G:Box and GeneSnap software (SynGene UK, Cambridge).

354

### 355 **Statistics**

356 All data were analysed using GraphPad Prism 8.0 (GraphPad Software Inc., San Diego, CA). Data  
357 are presented as mean  $\pm$  standard error of the mean (SEM). Means were compared by unpaired  
358 two-tailed t test, two-tailed Mann Whitney test or two way ANOVA with Sidak's multiple  
359 comparisons test as indicated in the figure legends.  $P < 0.05$  was accepted to indicate statistical  
360 significance; \* $P < 0.05$ ; \*\* $P < 0.01$ ; \*\*\* $P < 0.001$ , \*\*\*\* $P < 0.0001$ . Data points are biological  
361 replicates taken from distinct samples.

362

363

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563

564 **Figure Legends**

565

566 **Figure 1. Cathepsin S is elevated in the lungs of patients with ARDS and in models of**  
567 **ARDS. a** Cathepsin S (CTSS) levels and **b** activity were analysed in bronchoalveolar lavage fluid  
568 (BALF) from healthy volunteers ( $n = 15$ ), healthy volunteers who received 50  $\mu\text{g}$  nebulised  
569 lipopolysaccharide (LPS) ( $n = 13$ ) and patients with ARDS ( $n = 38$ ). CTSS levels were quantified  
570 by ELISA. CTSS activity was detected by fluorometric activity assay and results are expressed as  
571 the change ( $\Delta$ ) in relative fluorescence units ( $\Delta\text{RFU}$ ) over time. \*\*\*  $P < 0.001$ , \*\*\*\*  $P < 0.0001$   
572 (two-tailed Mann-Whitney test). **c** Western blot detection of CTSS in BALF from healthy  
573 volunteers ( $n = 3$ ), healthy volunteers who received LPS ( $n = 4$ ) and ARDS patients ( $n = 4$ ). In a  
574 murine model of endotoxin-induced acute lung injury, mice received 1 mg/kg LPS or saline (Ctrl)  
575 by intratracheal instillation and BALF was collected 16 h post-LPS administration. **d** BALF CTSS  
576 activity ( $n = 8$  per group) was detected by fluorometric activity assay. \*\*\*  $P < 0.001$  (unpaired  
577 two-tailed t test). **e** Western blot detection of CTSS in BALF ( $n = 5$  per group).

578

579 **Figure 2. Cystatin SN inhibits cathepsin S and is lost in the lungs of patients with ARDS. a**  
580 Cystatin SN levels were quantified in bronchoalveolar lavage fluid (BALF) from healthy  
581 volunteers ( $n = 10$ ), healthy volunteers who received 50  $\mu\text{g}$  nebulised lipopolysaccharide (LPS) ( $n$   
582 = 9) and patients with ARDS ( $n = 13$ ) by ELISA. **b** The protease-antiprotease imbalance was  
583 expressed as a ratio of cathepsin S (CTSS) to cystatin SN. \*  $P < 0.05$ , \*\*\*  $P < 0.001$ , \*\*\*\*  
584  $P < 0.0001$  (two-tailed Mann-Whitney test). **c** Cystatin SN in BALF from healthy volunteers ( $n =$   
585 2), healthy volunteers who received 50  $\mu\text{g}$  nebulised LPS ( $n = 2$ ) and patients with ARDS ( $n = 8$ )  
586 was detected by Western blot. **d** The inhibitory activity of cystatin SN against active CTSS was  
587 assessed by incubating recombinant CTSS with increasing concentrations of recombinant cystatin

588 SN and quantifying activity with varying concentrations of 7-amino-4-methylcoumarin (AMC)-  
589 conjugated substrate. The turnover of substrate over time was quantified by calibrating the change  
590 in fluorescence with a standard curve of free AMC. A Dixon plot was generated to allow the  
591 calculation of a theoretical value for the inhibition constant  $K_i$  (representative plot shown,  $K_i$   
592 calculated from  $n = 4$  individual experiments) and half-maximal inhibitory concentration ( $IC_{50}$ ,  $n$   
593 = 3). To test the anti-inflammatory activity of cystatin SN *in vivo*, mice received an intratracheal  
594 instillation of 1 mg/kg LPS ( $n = 5-7$  per group) or saline ( $n = 4-5$  per group) and were left to  
595 recover for 15 min before receiving a subcutaneous injection of recombinant cystatin SN (cys SN;  
596 0.5 mg/kg). After 16 h, BALF was collected, and **e** total cell and **f** neutrophil counts were  
597 quantified. \*\*\*  $P < 0.001$  (unpaired two-tailed t test).

598

599 **Figure 3. Intratracheal instillation of cathepsin S induces pulmonary inflammation.** Mice  
600 received sodium acetate (Ctrl,  $n = 3$ ), 1  $\mu$ g ( $n = 4$ ) or 5  $\mu$ g of recombinant cathepsin S (CTSS,  $n =$   
601 5) via intratracheal instillation. After 24 h, bronchoalveolar lavage fluid (BALF) was collected for  
602 analysis and **a** total cell and **b** neutrophil counts were quantified. BALF **c** total protein  
603 concentration was quantified by BCA, **d** IL-6 and **e** KC levels were measured by ELISA. \*  
604  $P < 0.05$ , \*\*  $P < 0.01$ , \*\*\*  $P < 0.001$  (**a,c-e** unpaired two-tailed t test and **b** two-tailed Mann-  
605 Whitney test).

606

607 **Figure 4. Genetic cathepsin S knockdown protects mice from LPS-induced acute lung**  
608 **inflammation.** WT ( $n = 6$  per group) and cathepsin S (CTSS)<sup>-/-</sup> ( $n = 5$  per group) mice received 1  
609 mg/kg lipopolysaccharide (LPS) or saline (Ctrl) via intratracheal instillation. After 16 h,  
610 bronchoalveolar lavage fluid (BALF) was collected for analysis and **a** total cell and **b** neutrophil

611 counts were quantified. BALF **c** total protein and **d** KC levels were quantified by BCA and ELISA,  
612 respectively. \*  $P < 0.05$ , \*\*  $P < 0.01$ , \*\*\*\*  $P < 0.0001$  (**a,c,d** unpaired two-tailed t test and **b** two-  
613 tailed Mann-Whitney test).

614

615 **Figure 5. Prophylactic inhibition of cathepsin S is protective in the murine model of LPS-**  
616 **induced acute lung injury.** Mice were treated with the cathepsin S inhibitor I.6 (100 mg/kg) or  
617 vehicle via intraperitoneal injection 24 h before receiving 1 mg/kg lipopolysaccharide (LPS) or  
618 saline vehicle via intratracheal instillation ( $n = 7$  per group). Fifteen minutes later, mice received  
619 a second injection of I.6 and bronchoalveolar lavage fluid (BALF) was collected for analysis 16 h  
620 later and **a** total cell and **b** neutrophil counts were quantified. BALF **c** total protein and **d** KC  
621 concentrations were measured by BCA and ELISA, respectively. \*  $P < 0.05$ , \*\*  $P < 0.01$  (**a-c**  
622 unpaired two-tailed t test, **d** two-tailed Mann-Whitney test).

623

624 **Figure 6. Cathepsin S inhibitor treatment selectively dampens inflammation in the caecal**  
625 **ligation and puncture mouse model of acute lung injury.** Mice were untreated or received an  
626 intraperitoneal injection of the cathepsin S inhibitor I.6 (100 mg/kg) 30 min before undergoing  
627 caecal ligation and puncture (CLP) surgery. Mice were sacrificed 18 h post-CLP and peritoneal  
628 lavage fluid (PLF) and bronchoalveolar lavage fluid (BALF) were collected. PLF **a** total cell, **b**  
629 neutrophil and **c** monocyte/macrophage cell counts were quantified. \*\*  $P < 0.01$ , \*\*\*  $P < 0.001$  ( $n$   
630 = 6 per group, unpaired two-tailed t test). **d** Neutrophil and monocytic cells were expressed as a  
631 percentage of the total PLF cell count. \*\*\*  $P < 0.001$  ( $n = 6$  per group, two way ANOVA with  
632 Sidak's multiple comparisons test). BALF **e** total cell, **f** neutrophil and **g** monocyte/macrophage  
633 cell counts were quantified ( $n = 6$  per group, two-tailed Mann Whitney test). **h** Neutrophil and

634 monocytic cells were expressed as a percentage of the total BALF cell count. \*\*  $P < 0.01$  (two  
635 way ANOVA with Sidak's multiple comparisons test). BALF **i** KC and **j** IL-6 were quantified by  
636 ELISA ( $n = 6$  per group). \*  $P < 0.05$ , \*\*  $P < 0.01$  (unpaired two-tailed t test).

637  
638 **Figure 7. Therapeutic inhibition of cathepsin S is protective in the murine model of LPS-**  
639 **induced acute lung injury.** Mice received a single dose of the cathepsin S inhibitor I.6 (100  
640 mg/kg) or vehicle via intraperitoneal injection 2 h after intratracheal lipopolysaccharide (LPS) (1  
641 mg/kg) instillation ( $n = 8-11$  per group). Bronchoalveolar lavage fluid (BALF) **a** total cell and **b**  
642 neutrophil counts were quantified. **c** Total protein and **d** KC concentrations in BALF were  
643 measured by BCA and ELISA, respectively. \*  $P < 0.05$ , \*\*  $P < 0.01$  (unpaired two-tailed t test).

644  
645 **Figure 8. PAR-1 antagonism reduces cathepsin S-induced inflammation *in vitro* and *in vivo*.**  
646 **a,b** THP-1 macrophages were treated with 1  $\mu\text{g/mL}$  active CTSS in the presence or absence of the  
647 PAR-1 antagonist SCH-530348 (10  $\mu\text{M}$ ). Cell supernatants were collected 24h later and levels of  
648 IL-8 and CXCL1 were quantified by ELISA. Results are representative of  $n = 3$  independent  
649 experiments where each condition was plated in triplicate. **c-f** Mice received 10 mg/kg of the PAR-  
650 1 antagonist SCH-530358 (SCH) via intraperitoneal injection 30 min before receiving 5  $\mu\text{g}$  active  
651 cathepsin S (CTSS) or vehicle by intratracheal instillation ( $n = 4-5$  per group). Mice were allowed  
652 to recover for 24 h before bronchoalveolar lavage fluid (BALF) was collected and total cell and  
653 neutrophil counts were quantified. Total protein and KC levels in BALF were quantified by BCA  
654 and ELISA, respectively. \*\*  $P < 0.01$  \*\*\*  $P < 0.001$ , \*\*\*\*  $P < 0.0001$  (unpaired two-tailed t test).

655



656 **Figure 9. Cathepsin S inhibition has no significant effect on pulmonary inflammation in**  
657 **PAR-1 knockout mice.** PAR-1<sup>-/-</sup> mice were treated with the cathepsin S inhibitor I.6 (100 mg/kg)  
658 or vehicle via intraperitoneal injection 24 h before receiving 1 mg/kg lipopolysaccharide (LPS) (*n*  
659 = 8-9 per group) or saline (*n* = 5-6 per group) via intratracheal instillation. Fifteen minutes later,  
660 mice received another injection of I.6 and were allowed to recover for 16 h before bronchoalveolar  
661 lavage fluid (BALF) was collected for analysis. BALF **a** total cell and **b** neutrophil counts were  
662 quantified. **c** Total protein and **d** IL-6 levels in BALF were quantified by BCA and ELISA,  
663 respectively.